



Daylight Saving
Time Ends Sunday
**Fall Back
One Hour**

THE RIVER WEEKLY NEWS



Vol. 20, No. 45

From the Beaches to the River District downtown Fort Myers

NOVEMBER 5, 2021

Symphony Launches Season With Tribute Band

Night Fever: An Evening of The Bee Gees will perform live with the Southwest Florida Symphony at Barbara B. Mann Performing Arts Hall on Saturday, November 20 at 7:30 p.m. Doors open at 6:30 p.m.

The partnership will perform iconic tunes such as *Night Fever*, *Jive Talkin'*, *How Deep Is Your Love*, *You Should Be Dancing*, *Nights on Broadway* and *Stayin' Alive*. In addition, they will perform softer poetic ballads such as *I Started a Joke* and *Massachusetts*. Tickets range from \$15 to \$109.

The Bee Gees tribute band is an all-Canadian cast from Toronto, Ontario. Night Fever features the vocals and looks of the Bee Gees with John Ralphs as Barry Gibb, Daryl Thistel as Robin Gibb and Matthew Whale as Maurice Gibb.

The symphony bookends its 60th anniversary season with a high-energy pops series that pays tribute to another one of the greatest musicians of the '70s, Elton John. Guest conductors for this celebratory year include the first female to lead the orchestra, Laura



The Bee Gees tribute band

image provided

Jackson, as well as Maestro Vladimir Kulenovic, Maestro Stephen Mulligan and Maestro Radu Paponiu. The orchestra will embark on a search for its new music director once again after the pandemic forced the postponement of the search process last season. For details about the upcoming concert series, visit www.swflso.org.

The Southwest Florida Symphony's 2021-22 sponsor list includes the City of Fort Myers, State of Florida Division of Cultural Affairs, Florida Council on Arts & Culture, Lee County Visitor & Convention Bureau, Southwest Florida Symphony Endowment Foundation, Cape Coral Community Foundation, Southwest Florida Symphony Society, LAT Foundation, Uhler & Vertich Financial Planners, Ellie Fox, Bell Tower, Gary Niethamer and Sue Purcell, Radiology Regional, Liz Marnul, Burgess Brant Consulting Engineers, *Florida Weekly*, Sanibel Captiva Community Bank, Friends of the Symphony on Sanibel, Scanlon Lexus, Business Professional Insights, Ernie Fogg Sr. and Margot Flinn, Jeff Cull and Ella Naylor, Dick Prescott, Rob Diefenbach and Eric Diefenbach, JK Brown and Robert and Reina Schlager.

Barbara B. Mann Performing Arts Hall is located at 13350 FSW Parkway in Fort Myers. For more information or tickets, visit www.swflso.org, call 418-1500 or stop by the box office.*



Gardening enthusiasts shop for plants at a previous garden festival

photo provided

Fall Garden Festival At Estates Returns This Month

Edison and Ford Winter Estates will hold its annual Fall Garden Festival during the weekend of November 20 and 21 from 9 a.m. to 4 p.m. More than 40 garden vendors from around the state of Florida will have tropical and native plants and trees for sale. The festival takes place outdoors under large shade trees and also features food trucks and live music.

Vendors will have many types of plants and trees, including palms, fruit

trees, bromeliads, hibiscus, butterfly plants, African violets, orchids, air plants, herbs, succulents, cacti and many hard-to-find species. Vendors will also offer garden supplies, such as fertilizer and worm castings. The Edison Garden Shoppe will be open and have unusual tropical and Florida native plants that thrive in Southwest Florida. Ceramic flower pots, vegetable and flower seeds, garden art and gardening gift items will also be available for purchase.

"This is the largest event like this in the area, and we have a very scenic location for people to shop for plants," said Debbie Hughes, horticulture director at the estates. "Whether

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String Trio To Perform Iconic Bach



From left, violinist Nora Lastre-Broughton, cellist Aaron Merritt and violist Courtney Filner

photo provided

The Southwest Florida Symphony String Trio will perform the string version of Bach's iconic keyboard piece *The Goldberg Variations* at two different locations during two evenings.

The performances will be held at Sidney & Berne Davis Art Center on Thursday, November 11 at 7:30 p.m. (doors open at 6:30 p.m.) and in the Southwest Florida Symphony's Artistic Center at Bell Tower on Friday, November 12 at 7 p.m. (doors open at 6 p.m.)

Tickets are \$30 for the Thursday performance and \$25 for the Friday

performance.

This is the first MiniMasterworks of the 60th anniversary concert season. One serious challenge for these professional string players, on top of the already difficult to play masterpiece, is that the original composition was written for piano where many voices can be added.

Bach created an infinite world from eight base notes, so the musicians have plenty of opportunity to experiment with their interpretations around them. The three Florida musicians who will be

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Historic Downtown Fort Myers, Then And Now:

Towles Steamship Line



by Gerri Reaves, PhD

When most Fort Myers history buffs think of the early downtown waterfront, they're more likely to think of steamships and paddlewheels than of sailing ships – although an occasional fancy yacht did turn up during season.

The Kinzie and Menge lines, for example, were significant steam lines, operating from downtown and plying the waters of the Caloosahatchee and the Gulf.

They provided a broad range of transportation and shipping needs, running daytrips to Sanibel and other islands for shelling, fishing and bathing; connecting to larger ports such as Tampa and points beyond; and ferrying passengers and freight

up and down the Caloosahatchee.

They also provided vital services such as mail delivery, and citrus and vegetable shipments.

This circa-1912 photo captures a less familiar scene on the waterfront: sailing cargo ships docked at the end of the Hendry Street Dock near the freight house of the Towles Steamship Line.

Note the sign on the building on the right, "Towles SS Line."

At right are the schooners *Aviator*, and next to it, the *Caroline Vought*. Those vessels are mentioned in newspapers of the day as in the employ of import-export companies working ports in the Caribbean and Latin America, such as Grand Cayman and Tela, Honduras. Cargo ranged from lumber and bananas to monkeys and parrots.

William H. Towles, owner of the Towles line, looms large in local history and prompts a mini-biography each time he's mentioned. However, suffice it to say that he was not only one of the town's first settlers, but a cattleman, politician, and



Circa 1912, the schooner *Aviator* (right) and the *Caroline Vought* (next to it), are docked at the Towles & Ireland Dock at the foot of Hendry Street

photo courtesy Florida State Archives



Today, the former dock is the dry land of a couple of Hendry Street blocks (horizontal in distance)

photo by Gerri Reaves

personality of legendary proportion.

He ranked among cattle barons such as Jacob "Jake" Summerlin and the Lykes Brothers. It was the business of shipping cattle to Cuba, most notably, that brought him farther south from Bartow and Tampa to Fort Myers in the 1880s.

By the time this historic photo was taken, he had long settled his business and personal life in Fort Myers.

His own steamers sailed from the Hendry Street Dock during the 19-teens.

In 1912, the dock was officially named the Towles & Ireland Dock and had a machine shop that also offered marine repairs and fittings.

In August 1913, the line inaugurated serviced between Fort Myers and St. Petersburg on the stern-wheeler *Planter*.

The trip was piloted by the famous Capt. Nick Armeda, revered as the most expert seafarer of the area and a master of local waters.

As his 1955 obituary noted, Armeda's career ranged from cabin boy on the sloop that brought Thomas Edison to Fort Myers in 1885 to naval mine sweeper in World War II at age 72.

Today, the spot where schooners and steamers docked more than a century ago is dry land, and the historic dock's trajectory follows a couple of Hendry Street blocks built on fill.

Take a stroll to Hendry and Bay and imagine schooners arriving there.

Then visit the following research centers to learn more about early seagoing traffic from the downtown docks.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Call 332-8778 for the hours or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: Archives of the Southwest Florida Historical Society, the *Fort Myers Press*, *The News-Press*, *The Story of Fort Myers* by Karl H. Grismer and the *Tampa Weekly Tribune*.✧

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Sponsors Sought For Benefit Golf Invitational

The 25th annual Paul Sands Memorial Slaw Dog Invitational will be held at the Cypress Lake Country Club (CLCC) on Wednesday, December 15. Organizers hope to raise even more money through event sponsorships this year to support local nonprofits.

According to Scott Fischer, co-host of the event and owner of Scott Fischer Enterprises, the tournament was the brainchild of his close friend, commercial real estate advisor Paul Sands.

“Paul wanted to bring our friends and business associates together to celebrate the holidays and raise money for kids,” said Fischer. “One of the things that makes the Slaw Dog so special is the way the business community truly comes together to pitch in to support and sponsor the event to help local kids in need. Paul Sands was a very giving guy, and nothing was dearer to him than family, friends and his beloved slaw dogs.”

When Paul Sands passed away in 2010, the Slaw Dog was renamed in his honor. Sands was passionate about the Real Estate Investment Society (REIS) Scholarship Fund at Florida Gulf Coast University (FGCU) and helped to grow it, and Fischer is a founding member of the board of directors for Blessings in a Backpack Southwest Florida. These two organizations have become the annual fundraising recipients. This year, Valerie’s House will also benefit from the



Scott Fischer and Paul Sands photo provided

proceeds.

Generous donations have helped to surpass the event’s annual fundraising goal of \$20,000. Last year, David and Charlyn Veracka, representing the entire Rockstar Harley-Davidson family, upped the game by donating \$50,000. As a result, local children’s charities benefited from the \$72,500 raised through the 2020 event. In 2021, Veracka has committed to matching up to the first \$50,000 raised and hoping to set another record.

For more information about sponsorship opportunities, contact Lisa Farrell-Sands at lsands@viprealty.com or visit the Slaw Dog Invitational on Facebook.✪

Storybook Ball Supports Ronald McDonald House

The Ronald McDonald House Charities of Southwest Florida (RMHC SWFL) 27th annual ‘Moana’ Storybook Ball will be held at the Hyatt Regency Coconut Point on Saturday, February 12.

Guests are asked to wear black tie or island-themed attire. WINK News’ Matt Devitt, chief meteorologist, and Lindsey Sablan, anchor/reporter will be the master/mistress of ceremonies. Joe Girvan of Alpert Enterprises will be the auctioneer. Robert Williamson Band will provide the entertainment. Suzanne Costa of Suzanne Costa Interiors will be the honoree.

This signature event brings together families, community supporters, partners and local McDonald’s owner-operators for a special evening that celebrates the importance of family-centered care.

The Patel Family knows all too well about the importance of being near your child during a difficult time. While on their babymoon in Southwest Florida, baby Veeran was ready to enter the world sooner than expected.

“We were 3.5 hours from our home in Ococee and were more than a month

out from being ready for a baby, but the support system in Fort Myers has been amazing,” said Sorathia Patel, mother of baby Veeran. “RMHC SWFL welcomed us with open arms and a literal home away from home. They told us to rest and relax while they cared for our every need, from meals to other creature comforts we normally have at our own home. They have helped comfort us in a time of uncertainty and stress. Having our first newborn here in Fort Myers and having RMHC SWFL support us in this crucial time has been a blessing in disguise.”

Proceeds from the Storybook Ball directly benefit RMHC SWFL’s free-of-charge programs and services for children and families, such as the Ronald McDonald House, Ronald McDonald Family Room at Golisano Children’s Hospital and the Ronald McDonald Care Mobile Program.

Hyatt Regency Coconut Point is located at 5001 Coconut Road in Bonita Springs. Visit rmhcsfwl.org/storybook-ball for information, reservations, sponsorships, and donations.✪

Donate Blood

Lee Health is seeking blood donations to help replenish supply levels. For more information, visit www.leehealth.org/our-services/blood-centers.✪

In the Main Theatre



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Follow the high-spirited, aspiring nun Maria as she transforms the home of the von Trapp family from rules and regulations to joy, laughter, and music! You’ll hear *Do-Re-Mi*, *My Favorite Things*, *Climb Ev’ry Mountain*, *Edelweiss* and more!

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NOVEMBER 11 - DECEMBER 25

A new holiday comedy about a lawyer who’s in a pickle when he unknowingly brings on the head of the Russian Mafia as a client. Let’s just say, there are more than chestnuts roasting on an open fire!

Up Next In the Main Theatre



NOVEMBER 25 - DECEMBER 25

A song and dance extravaganza featuring Broadway-style dancing, festive costumes and traditional holiday songs you know and love!

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Fort Myers Art:

Shakespeare Classic Nothing Short Of Magical

by Tom Hall



Shakespeare's classic comedy about betrayal and family will lead you on a magical journey. The Laboratory Theater of Florida will present William Shakespeare's *The Tempest* from

November 5 to 20.

Trapped on an island by a jealous sibling and aided by a variety of spirits, Prospero plans to avenge his banishment and provide for his daughter, Miranda.

Don't be put off by the fact that this is Shakespeare. "For people who have preconceived notions about the stuffiness of Shakespeare, there's nothing stuffy about this production," Lab Theater Artistic Director Annette Trossbach is quick to point out. "The play's about magic."

In fact, *The Tempest* is often described as the Bard's most magical play. Beyond plot points and themes, even the language that Shakespeare uses in the play is eloquently magical.

The Lab doesn't just acknowledge this aspect of the play. It embraces it by creating a magical setting through the



From left, Todd Lyman as Antonio, Art Keen as Alonso and Jack Weld as Sebastian

photo courtesy www.artswfl.com

use of special lighting and projection. Then it amplifies the volume by adding mysterious music, mystical sound effects and imaginative costumes, particularly for the half-fish half-man monster, Caliban, and Ariel and her fairies. And don't worry. Shakespeare doesn't keep you waiting for the manifestation of conjury. *The Tempest* opens with a demonstration of the supernatural powers that Prospero brings to bear in order to shipwreck his brother and direct the machinations of everyone on his tiny island.

John McKerrow plays Prospero and Isabel Isenhower takes on the role of Miranda. Rounding out the cast are Esther

Obain (Ariel), Justin Larsche (Caliban), Art Keen (Alonso), Todd Lyman (Antonio), Jack Weld (Sebastian), Kagan Vann (Ferdinand), Renee Freeman (Gonzala), Robert Barner (Adrian/Boatswain), Ken Bryant (Francisco/Master), Daniel Sabiston (Trinculo), Amanda Collins (Stephanie/Juno), Beth Garner (Ceres/Mariner), Samadhi Salazar (Iris/Fairy), Jayden Davis (Fairy), Zach Hendra (Sprite) and Lorelei Davis (Fairy).

Lab Theater is located at 1634 Woodford Avenue in downtown Fort Myers. For tickets, visit www.laboratorytheaterflorida.com.

Drama Salute Features Six Women In Vietnam

Shirley Lauro's *A Piece of My Heart* appropriately opens on Veterans Day, November 11, and runs through Sunday, November 20 at Cultural Park Theater. This striking drama is a salute to the men and women who served our country during a tumultuous, deeply divisive period in American history.

The play tells the powerful true-life story of six women who went to Vietnam – five medical nurses plus a country-western singer booked by an unscrupulous agent to entertain the troops for the USO. Each of these exceptional women is revealed before, during and after her stressful experiences in the ravaged, war-torn nation. The post-service epilogue is particularly unsettling because of the way they are treated both by their colleagues in

the medical community and the public at large. The play ends poignantly, with each woman leaving a personal token of their time in Southeast Asia at the Memorial Wall in Washington, DC.

Named by the Vietnam Veterans Association of America as "the most enduring play in the nation on Vietnam," *A Piece of My Heart* premiered at Manhattan Theatre Club in New York City in 1991 and has had more than 2,000 productions worldwide since that time. Inspired by Keith Walk's oral compilation of 26 women's memoirs about serving in Vietnam, the play received the Barbara Deming Prize for Women Playwrights and The Kittredge Foundation Award. It was also a Susan Blackburn Prize finalist as Best English Language Play by a Woman.

Directed by Gwen Salata, the cast features Chantelle Bloise Elmahmoudi as Martha, Jocelyn Button as USO singer Mary Jo, Margaret Bowman as Sissy, Kieran Strosser as Whitney, Cassie Sampson as Leann and Stephanie Sabelhaus as Steele. Donald McKiernan and Owen Atkins play all the American men.

Cultural Park Theater is located at 528 Cultural Park Boulevard in Cape Coral. For tickets, visit www.culturalparktheater.com.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✪

From page 1

String Trio

performing their own variation are cellist Aaron Merritt, violist Courtney Filner and violinist Nora Lastre-Broughton.

The aria (the main theme) will be the first thing you will hear. From there, you will hear a world grow, as Bach attempted to put every type of imaginable scheme, variation, aria and harmony into the piece.

Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. Southwest Florida Symphony's Artistic Center at Bell Tower is located at 13499 South Cleveland Avenue, Unit 161, in Fort Myers. To buy tickets, visit www.swflso.org or call 418-1500.✪

"A spectacular new exhibition of high-resolution seashell photographs would also have given Rembrandt oceans of artistic inspiration."
-Forbes.com

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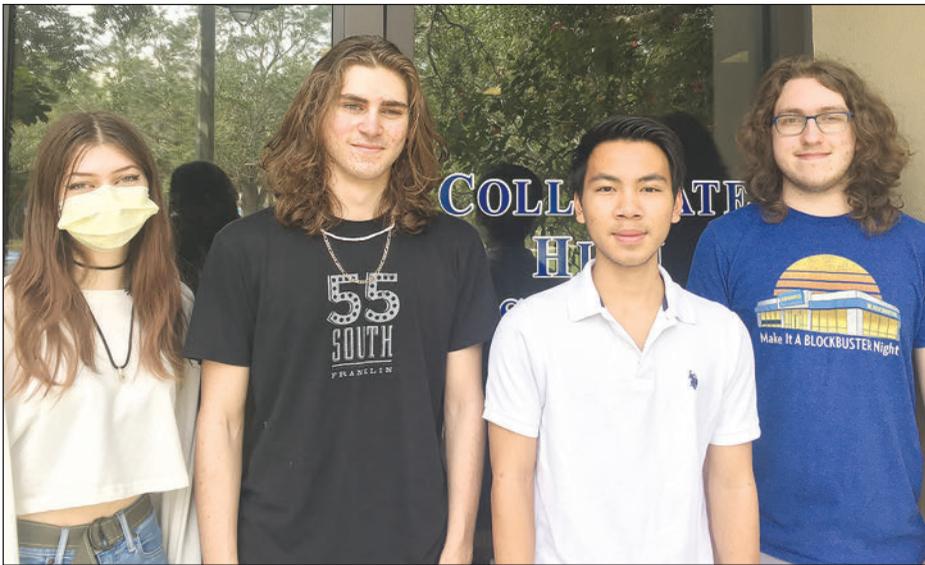
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From left, Allison Hoffman, Corby Richardson, Hieu Nguyen and Van Stillson photo provided

Students Honored At Collegiate High School

Florida SouthWestern State College Collegiate High School (FSWC-Lee) students Allison Hoffman, Hieu Nguyen, Corby Richardson and Van Stillson have been named Commended Students by the 2022 National Merit Scholarship Program (NMSP).

Commended Students are recognized for their exceptional academic

promise and have placed among the top 50,000 students who entered the 2022 competition by taking the 2022 Preliminary SAT/National Merit Scholarship Qualifying Test.

“Those being named Commended Students have demonstrated outstanding potential for academic success,” said a spokesperson for NMSP. “These students represent a valuable national resource; recognizing their accomplishments, as well as the key role their schools play in their academic development, is vital to the advancement of education excellence in our nation. We hope that this recognition will help broaden their

educational opportunities and encourage them as they continue their pursuit of academic excellence.”

“We are proud to have these excellent students as part of our high school,” said Dr. Brian Botts, FSWC-Lee principal. “Their commitment to education and hard work in an accelerated program is paying off for them now and will continue as they go forward. We wish them the best as they wrap up their high school years and earn their associate in arts degrees, and we support them as they look forward to the rest of their academic career.”✧

Bridge To Close On Veterans Day

Midpoint Memorial Bridge will close from 6 to 9 p.m. on Thursday, November 11 for the Midpoint Madness Veterans Day 5K Run/Walk.

Motorists are encouraged to use the Cape Coral Bridge or the U.S. 41 and Business 41 bridges as alternate routes. On November 1, Lee County Department of Transportation placed message boards to alert motorists of the closure.

For information about the annual nighttime Veterans Day event, contact the Fort Myers YMCA at www.swflymca.org or the Fort Myers Track Club at www.ftmyerstrackclub.com. Pre- and post-race activities will be at Royal Palm Square at 1400 Colonial Boulevard in Fort Myers. The race begins at 7 p.m.✧

Celebrate Senior Pet Month

Celebrate Adopt a Senior Pet Month this November at Lee County Domestic Animal Services by opening your home and heart to an older dog or cat.

While small kittens and puppies may be hard to resist, older pets are just as loving and loyal. Not to mention, grown-up pets have many advantages:

They don't require the constant monitoring that puppies and kittens do;

Many are already housetrained; and Since senior pets are fully grown, you'll be immediately aware of important information like personality type and grooming requirements, so you can choose the perfect pet for your family.

Adoption fees will be reduced for the entire month of November on senior pets. Dogs age 6 and older are just \$20 to adopt; cats are \$10. In addition, cats are two-for-one – adopt one and take home a second feline friend at no additional charge.

The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. This is a \$500 package. Stop by the adoption center 10:30 a.m. to 3:30 p.m. Monday through Saturday at 5600 Banner Drive in Fort Myers. For more information and to see pets available for adoption, visit www.leelostpets.com.✧

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Camp Openings For Children At Wonder Gardens

The Wonder Gardens has openings for students entering third to fifth grade in weekly Camp Wonder school break and summer day camp sessions. The camps offer fun and creative outdoor activities including educational wildlife experiences, hands-on activities and science exploration.

“As part of our commitment to provide rich educational experiences to inspire conservation and wonder, we are happy to expand our camp offerings throughout the year,” said David Rahahe:ti Webb, president and CEO of the Wonder Gardens “Our weeklong summer camps will each have unique themes and offer a behind-the-scenes look at the Wonder Gardens for campers.”

Camps include:

School break camps – December 20 to 23; January 17; February 21; and April 15.

Summer camps – June 6 to 10; June 13 to 17; June 20 to 24; June 27 to July 1; July 11 to 15; and July 18 to 22.

Camp programs run from 9 a.m. to 4 p.m. Monday through Friday, with early drop off at 8:30 a.m. and late pickup at 4:30 p.m.

Day camps are \$40 for members and \$55 for nonmembers. Summer



Children in grades 3-5 are being offered interactive experiences during Wonder Camp 2021 photo provided

camp is \$125 for members and \$150 for nonmembers each week. Camp scholarships are available.

COVID-19 safety precautions are in place. Camp may be canceled one week in advance with a full refund if camp registration minimums are not met.

The Wonder Gardens, a zoological park and botanical garden, is located at 27180 Old 41 Road in Bonita Springs. Register at www.wondergardens.org/ camps or contact Education Director Jessi Drummond for more information at jessi@wondergardens.org ✱

Local Serves As U.S. Navy's Silent Service Member

Petty Officer 3rd Class Malachi Crater, a Fort Myers native, is serving as a sonar technician aboard USS Nevada, one of the world's most advanced nuclear-powered submarines. He joined the Navy for the opportunity it provides.

“I wanted more out of my life and wanted to create building blocks for my future,” said Crater, who attended East Lee and graduated in 2012. “I learned to work hard to get where you want in your career.”

As a member of the submarine force, Crater is part of a rich 121-year history of the U.S. Navy's most versatile weapons platform, capable of taking the fight to the enemy in the defense of America and its allies. He is part of a team that is taking on new importance in America's focus on rebuilding military readiness, strengthening alliances and reforming business practices in support of the National Defense Strategy.

“The Navy ensures maritime peace by acting as a nuclear deterrent,” said Crater.

Crater and other sailors have many opportunities to achieve accomplishments during their military service.

“I'm most proud of getting my ‘fish’ certification,” he said. “We did a lot of



Malachi Crater photo by Lt. Cmdr. Jake Joy, Navy Office of Community Outreach

qualifications while underway. I worked hard for it. It's the hardest qualification to get for junior sailors.”

A ‘fish’ is a nickname for a type of certification for sailors to be qualified on submarines.

As Crater and other sailors continue to train and perform the missions to support national defense, they take pride in serving their country in the United States Navy.

“I know what I'm doing is an experience that I'll never forget,” Crater said. ✱

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE

Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM

Friday Shabbat services every week 7:30 p.m. Other programs on vacation. ChavuratShalom@gmail.com.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY

Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. www.crownoflifelutheran.com.

crownoflifelutheran.com. 5820 Daniels Pkwy, 482-2315.

REDEEMER CHURCH

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST

Sunday 9 and 11 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;

Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS

11 a.m. Sunday, www.fpcforymiers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

LAMB OF GOD

Sunday 7:45 and 10 a.m., www.lambogodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m., www.saintnicholasmonastery.org.

www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER

Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THOMAS A. EDISON CONGREGATIONAL

Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040. *Email changes to press@islandsunnews.com or call 395-1213.* ✱



Giant bird of paradise's leaves are arranged fan-like on the large stem that resembles a palm trunk photos by Gerri Reaves

Multiple stalks and shredded leaves

Giant Bird Of Paradise

by Gerri Reaves

Take one look at giant bird of paradise (*Strelitzia nicolai*) and you'll understand the reason for the common name.

This member of the banana family is a clumping herb that reaches tree size – up to 30 feet high and as wide as 20 feet at maturity.

The species is native to South Africa and a popular ornamental in South Florida. It works best in large-scale landscapes, particularly as an accent plant.

While it's relatively low maintenance and dramatic, the plant has no notable benefit to wildlife.

The flat smooth paddle-shaped leaves are up to 10 feet long and arranged fan-like on the erect trunk, which is actually an enormous stem.

They resemble banana, heliconia, or traveler's tree leaves – no surprise, since this species is related to those large-leaved ornamentals.

With time, the leaves become tattered by the wind. To avoid this, plant it in a sheltered spot.

A fast grower, it is also called white bird of paradise because of the white to bluish or grayish sheaths of the flowers. The tongue is blue.

The showy flowers bloom year-round, but only if conditions are good.

The term "bird of paradise" refers to the flower's resemblance to a long-billed bird such as a heron or crane in flight or poised with spreading wings and erect plume.

It can be grown as a container plant and is a source of long-lasting cut flowers.

This species will tolerate slightly acid to alkaline soil and needs good drainage but plenty of moisture. It has low to no salt tolerance.

It prefers full sun to partial shade.

The seeds are within a three-angled capsule.

It is prone to scales.

If you like the look of giant bird of paradise but don't have the space in your yard, there's a much smaller species with orange and blue flowers (*S. reginae*).

Sources: *Florida, My Eden* by Frederic B. Stresau; *Florida Yards and Neighborhoods Plant Guide*; and <http://hort.ufl.edu>.

*Plant Smart explores the diverse flora of South Florida.**

Funds Raised For Water Quality

The Conservancy of Southwest Florida hosted the 2021 RedSnook Catch and Release Charity Tournament recently and netted almost \$140,000, the highest amount raised for the tournament. Funds are used in the conservancy's work to protect the waters in Southwest Florida.

Anglers launched from locations in Naples, Goodland and Chokoloskee.

The tournament was chaired by Wayne Meland of Meland Kahl Wealth Management-Benjamin Edwards. Twenty-two companies or individuals sponsored the tournament with Meland Kahl Wealth Management-Benjamin Edwards and the Tompkins Family being the presenting sponsors. Supporting sponsors were RGM Capital, Kuk Architecture & Design, Papa's Pilar, COSTA and Oliver Rogers Photography. Tournament sponsors included Collins Vision, Newberry North Associates, Surf & Turf Custom, Mang, Hell's Bay Boatworks, Northern Trust, YETI, Katrina-Lundmark Kash and Rick

Kash Family Foundation, Sticky Holsters, Dustin J. Beard Team, Quarles & Brady, LLP, Thomas Campbell & Richard Prebish, Cogent Bank, Suncoast Beverage, Sue Shea, Gulfshore Insurance and *Naples Daily News*.

Tournament placings include:

First Place Guided Bait Division – Doug Stoner and Mark Murphy; Guide: Jim Stoner

First Place Unguided Bait Division – Edward Novinski and Joseph Zadlo

First Place Guided Artificial Division – Wayne Meland and Jon Kuk; Guide: Andrew Bostik

First Place Unguided Artificial Division – Kyle Coar and Pat Butler

First Place Fly Division – EJ Sigety and Oliver Rogers

In addition, awards were given in the following categories:

Winning Corporate Team – Sticky Holsters

Largest Snook, 42 inches – Ella Grace Bradley

Largest Red, 35 inches – Pat Butler

Top Scoring Angler – Kevin Pileski

To learn more about the conservancy's work, visit www.conservancy.org.*

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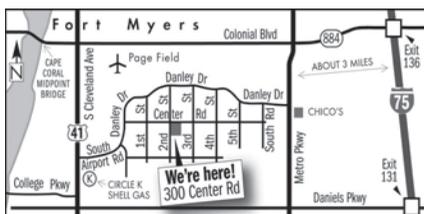
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Change It Up After The Front



by Capt. Matt Mitchell

An earlier-than-usual cold front blew us off the water for three solid days this week. Wind gusts over 30 mph and even some rain mean't cancelled charters along with a

few days off. During most years, we don't experience such a dramatic cool down until roughly around Thanksgiving. Once this first cold front has opened the gate, this can be an almost weekly thing. Timing your fishing trips becomes really important as the closer the approaching front arrives, the better the bite gets. During the front and for a day or so after, we got blown out. Then after the front passed, the bite slows then gradually improves as do the conditions. That will be the cycle all winter long.

After heading back out on the water after the front, there will certainly be some changes. The most significant will be locating bait after such a major blow and cool down. The normal grass flats and spots out on the beach that we have been catching shiners on for the last few months will be really stirred up and the bait spread out if not gone. As water temperature drops, these baits often head to the bridges in mass numbers. All winter long, this



Steve from Illinois got to catch snook on his 60th birthday

photo provided

deeper fast-moving water will be where the shiners are unless it gets really cold or warm enough for them to go back on the flats.

One option I always like to have after a cold front is the insurance of having live shrimp. During the first few days of the high pressure associated with the passing of a front, the bite can be tough. Fish will eat a shrimp when they just won't eat

anything else. Live shrimp fished on or close to the bottom on a quarter ounce jig head will get it done when nothing else will. A fast-moving, free-lined shiner may not even get touched.

This cold front should bring us roughly a 10-degree drop in water temperature that will fire up the fishing once conditions level out. Look for a lot more snook to have made the move from the passes

and the beaches to the transition areas. Oyster bars and mangrove points in the middle sounds are the stopping off places as these fish make the move toward their winter haunts. Mangrove creek fishing for both snook and redfish will light up because many of these small deeper channels are not as affected and churned up by bad weather. Trout that have been out on the open flats will find shelter and better cleaner water conditions in the deeper sheltered small mangrove bays and channels.

Although it will be several days until the wave action out along the beaches relaxes, anglers will be greeted with the southbound bait migration in full swing once things calm down. Mackerel and Bonita fishing will fire up. With water temperature now in the mid 70s, we may still get one last chance at a tarpon before the spring. Finding schools of bait are the keys to these beach fisheries.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*

From page 1

Garden Festival

gardeners are looking for unique exotics, edibles or Florida natives, this is the place to find it."

Edison Ford members receive a discount on Garden Shoppe purchases; guests may purchase a membership during the event to receive the discount. Members also receive free, unlimited general admission throughout the year, plus free admission to many other museums and gardens across the country through the reciprocal program.

In accordance with the Centers for Disease Control guidelines, masks are recommended for visitors attending the festival. A limited number of garden carts will be available, so guests are encouraged to bring a cart or wagon for transporting plants. A designated plant holding tent and loading spot will be offered for anyone needing assistance. Parking and admission to the festival are free, while tours of the homes, museum and lab are not included.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, call 334-7419 or visit www.edisonford.org.*

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Eastern Screech Owl



by Bob Petcher

The eastern screech owl (*Megascops asio*) is a short, stocky bird with pointed ear tufts that are often raised. This nocturnal woodlands owl can be found generally

east of the Rocky Mountains, anywhere from Mexico to Canada.

The screech owl is so called due to its trilling or whinnying song. It is often more heard than seen. Its natural coloring with patterns of bands and spots blends in well against tree bark for the perfect camouflage to protect itself.

The major distinction between the eastern screech owl and the western screech owl is its bill color: easterns have grey-green bills while westerns have grey to black bills.

At CROW, an adult eastern screech owl was admitted after flying into a powerline in North Fort Myers. Upon examination, veterinarians noted the severe trauma to its eyes and elected to hold this patient for surgery consideration. After a few days of the owl persistently holding its right eye shut, it



Patient #21-5384 had to undergo surgery to remove one of its eyes photo by Haillie Mesics

was determined that surgery was the best course of action.

"We were waiting to remove the right eye in order to ensure the owl was visual in the left eye since there was evidence of prior hemorrhage and a small partial tear of the retina – the back of the eye – on admit exam," said Dr. Charlotte Cournoyer, CROW veterinary intern.

"Recheck exam after a few days shows these issues resolved, and the owl started to track our movements more, suggesting vision had returned to the left eye."

With vision returned in its better eye,

the owl was prepped for surgery. Six days after intake, the patient underwent surgery to remove the injured eye.

"Sometimes lens luxations are not painful, in which case the eye does not need to be removed," said Dr. Cournoyer. "Since the owl was holding the right eye shut and tearing for a few days, it was determined the eye was painful and thus the best course of action was removal."

A surgery such as this one required precision work.

"In birds, removal of the eye involves removing the soft contents of the globe

(eyeball). We do not remove the entire globe since that would involve removal of bone," said Dr. Cournoyer. "We then make fresh edges on the eyelids so they will adhere. We do this by excising the margins with small scissors, then we suture those edges together."

Certain care measures are being administered regularly.

"We monitor the site daily for discharge and integrity of the sutures. Medications include antibiotics, pain control and nutritional support," said Dr. Cournoyer.

The patient has been recovering well and will continue to be closely monitored. The goal is to get the owl acclimated to its new "handicap" so that it can adapt to functioning with one eye.

"Owls can survive in the wild with one eye, since they hunt at night and are able to compensate using their hearing," said Dr. Cournoyer. "The owl will need to stay for usually about a week post-surgery to ensure that the site is healing well and will spend a few days with our rehab team to make sure it can find food and fly."

"After that, the owl will be cleared to be released and does not need any further rehab or support."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.



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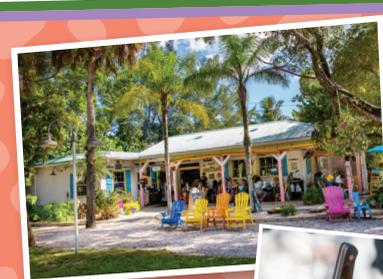



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Manatees will be migrating south this fall

photo by David Schrichte

Manatees Are Migrating This Fall

This fall, Save the Manatee Club urges residents and visitors of coastal areas to not feed, give water to, or harass manatees that are migrating to Florida for the winter season. These actions are illegal and can harm manatees. Boaters are also reminded to watch for manatees and adhere to posted speed zones. Manatees spotted outside of Florida past November should be reported to local wildlife officials.

These aquatic mammals can live in fresh or salt water, but they cannot tolerate water temperatures below 68° F (20° C) for long periods of time. Prolonged exposure to cold water can cause sickness or even death in manatees, called “cold stress syndrome.”

People should not feed manatees or interrupt their annual migration. Manatees that are fed are also more likely to approach boats or docks expecting food, which makes them susceptible to injury, death, or harassment.

Partnerships of government agencies and nongovernmental organizations are assessing the seagrass loss situation and are seriously considering manatee feeding or provisioning under controlled

circumstances.

Even giving manatees lettuce or water is illegal and can be dangerous to the manatee’s long-term survival. While seagrass beds are declining in certain areas, manatees are still able to find food and water on their own in most areas without intervention.

Here are some tips to help protect manatees as they migrate this fall season.

Visit www.savethemanatee.org/rescue to get resources for your state and learn how to spot a sick or injured manatee.

Report cases of manatee harassment or feeding/giving water to manatees to local wildlife officials. Manatees are protected by several federal and state laws, and these actions are punishable by fines and/or imprisonment.

In Florida, report sick, injured, orphaned or dead manatees to the Florida Fish and Wildlife Conservation Commission (FWC) by calling 1-888-404-3922 (FWCC).

Boat slowly in posted speed zones and watch for manatee tails, snouts, and “footprints.” Be cautious near warm-water refuges such as springs or power plants.

Protect seagrasses and prevent harmful algal blooms from forming by following the tips at www.savethemanatee.org/algae.

1.2-mile boardwalk, amphitheater and five observation decks, with the restrooms near entrance. The entire preserve is about 3,500 acres. For more information, visit www.leeparks.org.

Shredding Event

The Pilot Club of Fort Myers and the Cape Coral Police Department (CCPD) will hold a shredding event at CCPD on Saturday, November 13 from 9 a.m. to noon.

Individuals will be on hand to help drivers unload their boxes to be shredded. All shredding will occur on site. All proceeds will be donated to the Cape Coral Project Lifesaver Program and the Pilot Club. Donations of \$5 per box to be shredded are suggested. There should be no binder clips or paper clips attached. CCPD is located at 1100 Cultural Park Boulevard in Cape Coral.

Slough Contract Approved

On Tuesday, the Lee Board of County Commissioners voted to approve a contract for parking lot and restroom improvements as well as restroom renovations at the Six Mile Cypress Slough Preserve at 7751 Penzance Boulevard in Fort Myers.

The project includes additional parking spaces and restriping of the parking lot, a new sidewalk, new restroom plumbing and improvements for compliance with the Americans with Disabilities Act. The \$548,000 contract for design and construction is with Fowler Construction and Development Inc.

The project is expected to take about three months to complete.

The Interpretive Facility has an elevated, fully accessible



Felipe Prieto with the new state record 9.11-pound butterfly peacock bass photo provided

New Record For Peacock Bass

Fisheries biologists from the Florida Fish and Wildlife Conservation Commission (FWC) certified a new state record butterfly peacock bass weighing 9.11 pounds and measuring 23 5/16 inches long. It was caught by Hialeah angler Felipe Prieto, who was fishing after work and caught the fish on live bait in a Broward County lake. This new catch supersedes the previous state record of 9.08 pounds that has stood for almost three decades since 1993.

Peacock bass are unique among freshwater fish as the only nonnative species to be legally established in Florida. The FWC stocked peacock bass in coastal Southeast Florida canals in 1984 to help reduce the number of undesirable exotic fishes, especially spotted tilapia. A side benefit of the stocking has been a new fishery for Florida. Limited low temperature tolerance normally restricts butterfly peacocks to Broward and Miami-Dade counties, but recent mild winters have allowed anglers as far north as Palm Beach County to catch this species. Native to South America, butterfly peacock bass have flourished in the area.

“The butterfly peacock bass is colorful, a lightning-fast striker and a hard fighter,” said FWC Commission Chairman Rodney Barreto. “Anglers from across the country travel here to catch a peacock bass, which only adds to the tremendous economic impact fishing has in Florida. This unique game fish is just one of the features that makes Florida, truly, the Fishing and Boating Capital of the World.”

To properly certify a new freshwater Florida state record, an FWC biologist must identify the species and an FWC employee must witness its weighing on a certified scale. Anglers can check the current state records at www.bigcatchflorida.com by clicking on “State Record” and should notify the nearest FWC regional office if they believe they

have caught a record fish. Anglers are encouraged to be prepared to provide a photograph of the fish on a scale with the weight legible, for expediting the initial verification of the fish species and potential state record status. Contact information for FWC regional offices can be found at www.myfwc.com/contact by clicking on “Contact Regional Offices.”

The FWC recognizes other memorable freshwater catches through its Big Catch program, which provides certificates commemorating trophy catches of 33 different freshwater species. Largemouth bass catches are recognized by the TrophyCatch program, which is a citizen science program that partners with industry leaders, such as Bass Pro Shops, to offer rewards for the catch, documentation and release of largemouth bass weighing eight pounds or more.

For more information, contact John Cimbaro at 561-662-1906 or john.cimbaro@myfwc.com.

FWC Upgrades Licensing Website

Florida Fish and Wildlife Conservation Commission (FWC) Chairman Rodney Barreto unveiled a new look and feel for the agency’s online recreational licensing website (www.gooutdoorsflorida.com) and the Fish/Hunt Florida app.

“Florida’s online licensing system is often the gateway to all things FWC for new and renewing hunters and anglers,” said Barreto. “The new system will be more streamlined, have enhanced navigation and will improve the customer experience. We look forward to seeing what all this new system can do in the future as well.”

FWC officials remind customers that while they are sporting a new look and feel, they are still the only official licensing site and app of the FWC.

For more information, visit www.myfwc.com/license.

CRA Receives Statewide Recognition

The City of Fort Myers Community Redevelopment Agency (CRA) was recently honored at the 2021 Florida Redevelopment Association (FRA) Awards with the Outstanding New Building Project award for Luminary Hotel & Co.

The FRA Awards are presented each year at the association's annual conference and recognize outstanding achievement in a variety of categories, from annual reports to cultural enhancement. The entries are examined for effectiveness and completeness – including the narrative, supplemental material and compliance with the submittal instructions. Judges are selected by FRA and represent various organizations and sectors from around the state.

"We're immensely honored and grateful to have received this award," Fort Myers CRA Executive Director Michele Hylton-Terry said. "Luminary checks off several action steps in downtown's redevelopment plan and turns the tax increment rebate into a loan by repaying the principal and interest during the eighth year of hotel operation."

Rising from a former parking lot between the downtown basin and renovated event center, Hylton-Terry says Luminary is the keystone in reviving



Luminary Hotel

photo provided

convention capabilities to the heart of Fort Myers and creating a desirable waterfront dining and activity hub. The complex also reuses the under-engaged City Pier building.

The opening of the Luminary, as part of Marriott's Autograph Collection, in September 2020, was the culmination of an almost decade-long process that began in 2011 when the Fort Myers City Council adopted a downtown redevelopment master plan that included a hotel next to the convention center, an amphitheater, restaurants and retail establishments on the riverfront.

The 12-story, 243-room Luminary rises above the Caloosahatchee River at 2200 Edwards Drive. The \$92 million hotel includes a rooftop lounge, two restaurants, a coffee shop and various meeting rooms. The Luminary also operates the Caloosa Sound Convention Center adjacent to the hotel property. Caloosa Sound is the rebranded, reimagined former Harborside Event Center, which has reopened after a two-year closure. The new 40,000 square foot center, united with the hotel, creates a flexible space capable of hosting a wide variety of events, including large

conventions. The project addresses key elements of the city's downtown riverfront plan.

For the first time, CRA funding for a Fort Myers project is a loan, not a grant. The project was approved for a \$2.6 million tax increment rebate-loan in December 2017. The developer will pay back the total rebate to the CRA with interest beginning in the eighth year of hotel operation.

Luminary Hotel & Co. also placed Oxbow Restaurant and Oxbow Retail & Rentals in the City Pier building, activating an underused city facility through adaptive reuse as well adding dockside dining and shopping for boaters, locals and visitors.

The project has also boosted the local economy. According to Luminary Hotel & Co. General Manager Bob Megazzini, the project has brought jobs both pre- and post-construction. More than 70 percent of the hotel's first new hires were from Fort Myers.

The FRA Award Dinner was held Thursday, October 28 at Caloosa Sound Convention Center at the Luminary Hotel.

CRA's exist to promote the improvement of downtowns and other urban areas through redevelopment. These organizations are managed by a five-to-seven member board created by and distinct from the local government. CRA's have certain powers that the cities or counties themselves may not have, including establishing tax increment financing and leveraging public funds with private dollars.*

Nature Center Planetarium To Close Temporarily

The planetarium at Calusa Nature Center and Planetarium (CNC) in Fort Myers will be closed November 8 to 29, while the boardwalk to the entrance is replaced. Although the twice daily shows in the dome will be on hiatus during the construction, the natural history museum, animal exhibits and trails will remain open as usual. Two animal shows are also included in daily admission.

"We are excited about the new boardwalk to the Planetarium. This is just one of the many changes coming to improve our guest experience" said Connie Bennett-Martin, CNC board president. "In celebration of over 50 years in Southwest Florida, we've partnered with some generous donors to begin giving a face-lift to our facilities. We still have great areas for partnership and welcome the opportunity to connect."

Established in 1970, Calusa Nature Center & Planetarium has been a part of the Southwest Florida community for nearly 50 years. The 105-acre site is home to many rescue animals, butterfly and bird aviaries, two nature trails and Southwest Florida's only planetarium theater.

CNC is located at 3450 Ortiz Avenue in Fort Myers. For more information, visit calusanature.org or call 275-3435.*



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Book Review

Make Someone's Day



by Di Saggau

Howard Prager's book *Make Someone's Day* uses examples and short exercises that teach you how to make people feel like a VIP. Numerous CEOs and heads of

various companies have endorsed the book as a way to transform workplaces. Prager says the most powerful words someone can say to you are, "You made my day!" When you hear those words, it's not just an act of kindness, you have also done something that may turn someone's day or even their life around, inspire and motivate them, or get them unstuck. As a leader, it's a powerful tool for inspiring your colleagues and staffers. As a person, it's heart lifting and impactful to those around you.

In the book's foreword, Marshall Goldsmith, an executive coach for over 40 years, says, "Telling someone 'you made my day,' is a powerful win-win concept, strongly impacting the other person and, in response, your emotions reflect the gratitude of the person whose day you made. Yet, for

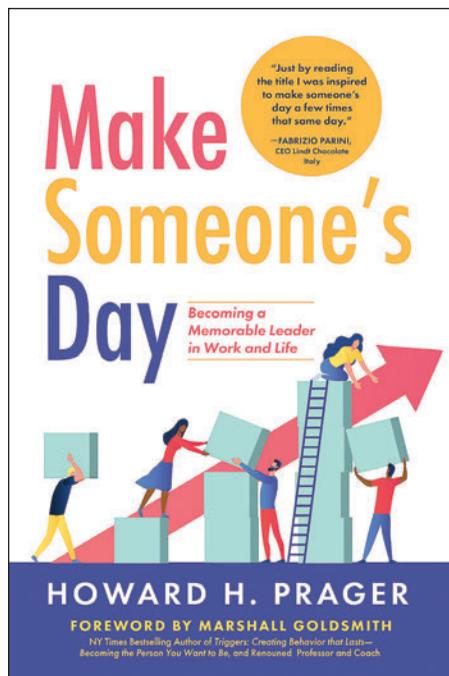


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some reason, people don't do this very often. In his book, Prager describes the simple process he created to make someone's day, which he calls The VIP Model. He describes the science behind how it works and shares many stories and examples throughout the book, so you can visualize how you can make someone's day. This is a valuable concept and can be used by bosses, leaders and truly everyone."

Prager explains how being kind

matters and how it works with your emotions. He explains the many benefits in giving compliments. There is a chapter on how to make meetings and interactions meaningful. Another on how managers and leaders make a difference at work. What we have learned in a crisis, is a timely chapter on how the pandemic affected us. Perhaps two of the most important chapters are *Overcoming Rudeness And Incivility* and *Strengthening Family Relationships*.

Make Someone's Day is not just for those in the workforce. It has valuable

concepts to be used by everyone. Prager says, "My desire is that *Make Someone's Day* becomes a movement and takes on a life of its own as many people realize that it's just as easy to make someone's day as not to. Acknowledge others and be more aware when they have made your day so they feel the boomerang effect and then continue to do this for others."

Howard Prager is president of Advance Learning Group, and a columnist for *Island Sun* and *The River Weekly News*.✱

School Smart



by Shelley M. Greggs, NCSPP

Dear Shelley, My son is in middle school, has learning issues and is on a 504 plan. He has difficulty with executive functioning skills,

and I would like some suggestions for accommodations for him on his 504 plan.

Melanie L, Fort Myers

Melanie,

Let me review some background about 504 plans before I make suggestions. Here's some basic information from www.wrightslaw.com that should be helpful.

"Section 504 is a civil rights law that prohibits discrimination against individuals with disabilities. Section 504 ensures that the child with a disability has equal access to an education. The child may receive accommodations and modifications, and it covers several areas: preschool, elementary and secondary schools, employment practices, accessibility, health, welfare and social services".

Here are some unique attributes of Section 504 plan that you should know:

1. Section 504 does not require written plans, and parents are often surprised to learn that Section 504 does not require the school to develop a written 504 plan.
2. Parents have fewer rights under Section 504 than Individuals with Disabilities Education Act (IDEA).
3. The school does not have to invite the parent to the meeting when the 504 plan is developed. The school must notify the parent that a 504 plan was developed. Most schools do invite parents to these meetings, however.
4. Section 504 has fewer procedural safeguards to protect the parent and child, however your school may have developed a policy of using procedural safeguards in a written 504 plan that are like those in IDEA, but this is not required under Section 504.
5. Section 504 protections follows the child after she or he leaves the public school system. IDEA does not. When the child graduates from high school with a regular diploma or reaches

the age of 22, the child's entitlement to rights under IDEA ends. IDEA rights do not follow the child into college or the workplace. Section 504 provides protections against discrimination after the child leaves public school. Parents have no rights after their child leaves public school under Section 504 or IDEA.

Accommodations must give the child meaningful equal opportunities, consider his or her functional limitations, and offer different ways to show what he or she knows. Given these guidelines, here are some accommodations that you might request for your son if appropriate:

- Extra time on tests;
- Positive reinforcement and feedback;
- Allowing breaks or time to move around;
- Extra help with staying organized;
- Plan for transitions;
- Create "to-do" lists/checklists with estimated times;
- Break long assignments into chunks and assign time frames for completing each chunk;
- Simple instructions, step by step, with visuals;
- Graphic organizers;
- Color code (paper color or ink color) as warranted;
- Use technology for reminders on projects, assignments, meetings such as iPad, iPhone, etc.

Student agenda with time each day to review and self-evaluate;

- Keep an organized workspace; allow class time at end of each segment for this to occur;
- Minimize clutter;
- Ask for extra textbooks for home use – keep in work areas.

Have separate work areas with complete sets of supplies for different activities/subjects;

Schedule a weekly time to clean and organize the workspace; and

Modify tests – they can be overwhelming and stressful, you need extra time and quiet space, break down into parts to do at a time.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.✱

EPIC FIRES OF FORT MYERS

How a Series of Early Fires Influenced the Town's Development



THOMAS P. HALL
ROBIN C. TUTHILL, EDITOR

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Keynote Speaker For Advocacy Center

The Children's Advocacy Center (CAC) of SWFL is inviting Sasha Joseph Neulinger, the director of the Emmy-nominated documentary *REWIND*, to share his story. He will be the keynote speaker for the CAC's



Sasha Joseph Neulinger

40th anniversary celebration, which will take place at the Burroughs Home on Saturday, December 4, and is possible thanks to several sponsors.

In this candid and personal documentary, Neulinger revisits his childhood and the events that tore apart his seemingly perfect world. While his father was constantly filming family celebrations and events, he was also unknowingly documenting a hidden family secret that eventually led to a media firestorm, a high-stakes court battle and a generational reckoning. Neulinger now travels the world, sharing his story and providing a voice for children that deserve access to justice and healing.

"Children often don't voice the tragedies and abuses they are experiencing at the hands of loved ones for a multitude of reasons. Neulinger shares his own experience of surviving multi-generational sexual abuse in this documentary to allow outsiders to see the impact these abuses have on children," said Julie Boudreaux, CAC executive director. "While it is a subject many find



image provided

uncomfortable and may try to avoid, *REWIND* sheds light on the necessity of Children's Advocacy Centers and the role they play to assist law enforcement in bringing perpetrators to justice."

Neulinger says, "In order to not be defined by their trauma, children require proper support. Trauma doesn't have to derail the life of a child. With the support of Children's Advocacy Centers, self-awareness and confidence from confronting their trauma and the source of their pain head-on. If these children have the courage to speak up, then as the adults, we must have the courage not only to listen, but to do everything in our power to support them."

Sheriff Carmine Marceno and Sheriff Mike Scott (ret.) will serve as the honorary event chairs. Event signature sponsors include the Bobby Nichols-Fiddlesticks Charity Foundation, Lee County Sheriff's Office, Fort Myers Mighty Mussels and The Arnold Simonsen Foundation. For sponsorship information, contact CAC Board Member Jessica Walker at jwalker@markham-norton.com.✪

Virtual Panel Discussion On Documentary

A virtual viewing of *Waterborne*, a documentary film exploring the public health impact of harmful algal blooms (HAB) and waterborne containments, will be held on Wednesday, November 11 at 7 p.m. After the film, hear from scientific experts and officials on how Florida's policies fail to reduce the occurrence of HABs and bacteria contamination and inadequately protect the public from exposure.

The panel discussion will include:

David A. Davis, PhD, research assistant professor of neurology and associate director of brain endowment bank at University of Miami Miller School of Medicine;

Michael Parson, PhD, professor at Florida Gulf Coast University Water School and Florida Blue-Green Algae Task Force member;

Richard Whitman, PhD, state science officer, Democratic Environmental

Caucus of Florida; and

R. Grace Zhai, PhD, professor in the department of molecular and cellular pharmacology, University of Miami Miller School of Medicine;

Contributors to this documentary include researchers Paul Alan Cox, PhD; R. Grace Zhai, PhD; Zoraida Diaz-Perez; Mike Parsons, PhD; Michael Mullan, MD, PhD; Richard Whitman, PhD J. Glenn Morris, Jr., MD Mph; David A. Davis, PhD; and policymakers, Chauncey P. Goss (South Florida Water Management District), Merritt Matheson (City of Stuart), Kevin B. Anderson (City of Fort Myers) and Nikki Fried (Florida commissioner of agriculture).

"Knowing what is in our water allows citizens to make more informed decisions about their health," said John Cassani of Calusa Waterkeeper. "We are committed to providing the community with expert knowledge, science and data to inform the public and policymakers. The *Waterborne* film showcases the scientific research and how Florida's policies are not working well enough to restore water bodies or protect its citizens."

For more information and to register for the free online event, visit www.calusawaterkeeper.org/waterborne.✪

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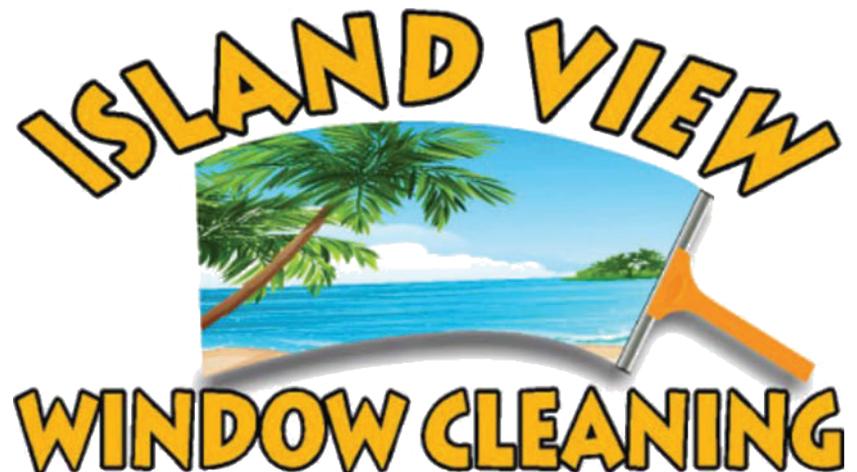
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Beneficiary Income Tax Planning



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

One of the most overlooked aspects to estate planning is income tax planning for your beneficiaries, whether those include a surviving spouse, children or grandchildren. Here, I'll review several strategies that may be used to mitigate income taxes for your loved ones.

Sprinkle Trusts – When creating a Family Trust at your death for your spouse and children, a sprinkle trust gives the trustee the ability to sprinkle the income amongst the spouse, children and grandchildren. This enables the trustee to direct the income to the beneficiary(ies) that need it the most. If the

spouse is the primary concern, the trust language should direct that the spouse's needs are first considered. By allowing the income to be distributed to children and grandchildren, the family's marginal tax rate is likely minimized, assuming those individuals are in lower tax brackets.

Optimal Basis Increase Trusts (OBIT) – Layman refer to the fair market adjustment at death as the "step-up in tax cost basis." The law instead provides that assets are adjusted to their fair market value, which means that those falling in value will also be adjusted downward, eliminating capital losses. With a testamentary optimal basis increase trust embedded into your plan, capital losses are preserved while unrealized capital gains are eliminated through the basis adjustment upward.

Beneficiary Deemed Owner Trusts (BDOT) – In recent weeks, you may have read about Intentionally Defective Grantor Trusts (IDGT), where a transfer to trust occurs, resulting in the assets treated as a completed gift, therefore outside of your estate for estate tax purposes, yet for income tax purposes, the trust is still yours, meaning that you pay the tax on any income, perhaps receive the benefits (in limited ways) or you can transact sales without recognizing gain. This is a

strategy that the Democrats wanted to eliminate, and at the time that I'm writing this column, it's unclear whether the strategy will remain available. The BDOT is like the IDGT except the beneficiary is deemed as the taxpayer for income tax purposes, even if the trust accumulates income, which normally results in the trust paying the taxes. Because the federal income tax rates impose higher marginal rates on irrevocable trusts than they do individuals, this strategy may be used to minimize income taxes for beneficiaries.

Identifiable Beneficiary Trust Shares – Normally non-spouse beneficiaries of IRA and 401(k) accounts become the outright beneficiary of their inherited IRA accounts. Sometimes it's appropriate to protect the IRA distributions, since they are not creditor exempt, with a qualified retirement account trust. In order for the beneficiary of the trust to be considered the "see-through" beneficiary of the qualified retirement account, the trust share must meet the "identifiable beneficiary" treasury regulations.

Charitable Remainder Trusts – For those charitably inclined, especially those who have traditional qualified retirement accounts and wish to name a loved one and a charity as the beneficiary after your death, charitable remainder trusts are a viable option. Here, the distribution rules fall outside of the 10-year payout mandated under the 2017 SECURE Act laws. Under a charitable remainder trust, your loved one receives an annuity or unitrust payment for their lifetime, or a period of years following your death. On the expiration of that term, the balance is distributed to charity.

Charitable Lead Trusts – Again for the charitably inclined, charitable lead trusts work in reverse to charitable remainder trusts. Here the charity(ies) receive the annuity stream for a period of years, then after that term is over the balance is distributed to loved ones. Because of the length of time between your death and distribution to loved ones, this type of trust usually benefits grandchildren or successive generations rather than children. Unlike charitable remainder trusts, charitable lead trusts do not qualify as a "charity" so naming one as a beneficiary to a qualified retirement plan account must be carefully considered.

There are several nuances to each of these strategies, depending upon your situation, and should be carefully considered before implementing.

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Chamber To Discuss Economic Development

The Greater Fort Myers Chamber of Commerce will hold its monthly luncheon at The Club at Pelican Preserve on Friday, November 19 from 11:30 a.m. to 1:15 p.m.

Guest speaker

John Talmage, director of the Lee County Economic Development Office, will discuss the current state of the economy and latest data as well as insights into economic resources and incentives available to help businesses grow in Fort Myers and surrounding Lee County.

Talmage has spent more than 30 years working in local economic and community development, both for municipal governments and national research organizations. Before his current position, he was chief of staff to the Fort Myers city manager and served on the City of Sanibel's Planning Commission. Talmage began his career working for the New York City Council and previously directed economic development for the City of New Orleans, served as a senior policy advisor for Mayors Diaz of Miami and Mallory of Cincinnati, and was CEO and president of Social Compact.

The luncheon is hosted in



John Talmage

partnership with the Lee Chapter of the Florida Restaurant & Lodging Association (FRLA). Admission is \$25 for members of the Greater Fort Myers Chamber or FRLA, and \$35 for future members. Limited seating is available, and attendees must register in advance.

The November luncheon is sponsored by Junior Achievement of Southwest Florida.

The Club at Pelican Preserve is located at 9802 Pelican Preserve Boulevard in Fort Myers. For more information or to register, visit www.fortmyers.org or call 332-2930. ✨

Bank Hires Teller

Helen Maksimova has joined Sanibel Captiva Community Bank as a teller at the bank's 1037 Periwinkle Way branch on Sanibel. She is responsible for assisting customers with personal and business banking transactions.

Maksimova has over 18 years of bookkeeping and accounting experience in Southwest Florida. Prior to joining the bank, she worked as a bookkeeper for Bailey's General Store and CROW on Sanibel. She was also an accounting associate for the Southwest Florida Community Foundation.

Maksimova attended Edison State College and graduated from Nizhyn Gogol State University in Ukraine. ✨



Helen Maksimova

Director Named For Nonprofit

Rebecca Gerke has been named finance and human resources director at Earn to Learn Florida (ETLF), a 501(c)3 nonprofit whose mission is to empower income-challenged students to complete college. She joined ETLF in 2016 as an accountant

"Rebecca is an experienced accountant and consultant with collaborative success in guiding multiple small businesses and non-profits in growth, profitability and sustainability," said Brenda Tate, CEO of Earn to Learn FL. "She implements sound business practices and improved management of costs, and utilizes a consultative approach to work with key leaders, board members, management and staff to control overhead expenses and cash flow, streamline operations with policies, processes and procedures, and analyze business strategies." Gerke has a bachelor of business administration degree in business management from the University of Wisconsin-Eau Claire.

"I love the opportunity to see education happening on so many levels," said Gerke. "Our near peer coaches enhance their own education through leading personal finance and college readiness training. Our student



Rebecca Gerke

savers are reaching their savings goals as they apply knowledge learned through the program. This education is far-reaching, with many ripple effects. It's a joy to provide behind-the-scenes support to the organization." ✨

Marketing Firm Promotion

Chelsea Castoria has been promoted to digital marketing director at CONRIC PR & Marketing. Castoria has served to enhance the digital marketing success and social media presence of the agency and its clients this past year and will now lead CONRIC's expanded digital team to better serve its growing clientele located in 35 states across the country.

As CONRIC's digital marketing director, Castoria will develop strategies that deliver results and exceed expectations. She will work closely with CONRIC's digital team to develop and implement uniquely branded campaigns that build strong online reputations for clients and enhance their brand identity while fostering trust and promoting engagement. CONRIC's digital evolution continues with the promotion of Castoria, as she has demonstrated lead conversion and optimization efforts that have led to growth for both the agency and its clients. ✨



Chelsea Castoria

Clerk's Office Extends Hours For Passport Services

Lee County Clerk of Court Linda Doggett is opening her office Saturday, November 6 to help spring break travelers apply for passports. With processing times up to 14 weeks, those traveling overseas early next year are encouraged to submit passport applications soon.

Customers can schedule their appointments for the Saturday event between 9 a.m. and 1 p.m. at www.leeclerk.org/appointment.

"While processing times have improved, it still takes over three months to get your passport back from the U.S. Department of State," Doggett said. "If you are planning to travel for spring break, you need to apply for your passport now to ensure you have it in time."

The convenient Saturday hours are designed to help customers and families who cannot visit the clerk's office during weekday business hours.

Customers are asked to save time by downloading and completing their passport applications prior to coming into the office. Forms must be completed in black ink. Passport services are provided at the clerk's recording department, located at 2115 Second Street, 2nd floor, in Fort Myers.

Applicants can have their passport photos taken at the clerk's office for \$15

plus tax. Two forms of payment are also required, including at least one check or money order. To learn more about passport fees or to download forms, visit www.leeclerk.org/passports.

While routine processing is up to 14 weeks, those who need their passports sooner can purchase expedited processing and receive their passport within 10 weeks.

During Passport Day, customers will be able to record official documents, such as deeds and mortgages, without an appointment.

For more information about passports or services provided by the Lee Clerk's office, visit www.leeclerk.org.✪

Discussion On Clean Energy

The Scientists' Society of Southwest Florida will hold a dinner meeting at The Landings Yacht, Golf and Tennis Club on Thursday, November 11 at 6 p.m. It is open to the public.

Thomas Mueller, plant manager at Covanta, a recycling and energy-to-waste plant, will describe the latest approaches to achieving sustainability and generating renewable energy.

Dinner cost is \$32 per person. Reservations are required and may be made by emailing treasurer@science-swfl.org or calling 839-6663.

Covanta is the largest provider of "base load" renewable energy in Southwest Florida. The Lee County Waste to Energy

facility (designed, built and operated by Covanta Energy) turns all Lee County trash into clean, renewable energy every day. Covanta Energy, headquartered in Morrison, New Jersey, is the world's largest waste-to-energy company.

Mueller has worked for Covanta for over 24 years. In the Southwest Florida community, he is past president of Rotary South and past chairman of both Keep Lee County Beautiful and The Chamber of Southwest Florida. He has a bachelor of science degree in business finance from The University of Florida and completed graduate work at Georgia State College.

Membership in the Scientists' Society is open to anyone interested in developments in the sciences. An organization focus is encouraging students in the local Lee County school community to pursue STEM education. Degrees in sciences are not required for membership. As a nonprofit organization, contributions are tax deductible.

The Landings Yacht, Golf and Tennis Club is located at 4425 South Landings Drive, Suite 100, in Fort Myers.✪

Help For Addicts

Narconon reminds families that an addict or alcoholic does not need to hit rock bottom before they reach out for treatment. Get them help now. For more information, visit www.narconon-suncoast.org/blog/the-concept-of-hitting-rock-bottom.html. Call 1-877-841-5509 for a no-cost screening or referral.✪

Lovers Key To Undergo Beach Renourishment

The Lee Board of County Commissioners voted on Tuesday to accept a nearly \$12 million grant agreement with the Florida Department of Environmental Protection (FDEP) for a project to add sand to 1.1 miles of beach within Lovers Key State Park.

The grant includes nearly \$10 million in funding from FDEP and about \$2 million in local funding from Tourist Development Tax receipts on short-term lodging.

The beach at Lovers Key State Park consistently ranks among Florida's best, according to prominent travel publications.

However, the project area has been designated by FDEP as critically eroded. The most recent nourishment was completed successfully in December 2014. Monitoring indicates that the project continues to provide storm protection, environmental benefits such as sea turtle nesting and recreational opportunities, but is eroding over time as anticipated.

Construction is anticipated for late 2022 or 2023 pending completion of permitting and bidding.

Lovers Key State Park is located at 8700 Estero Boulevard on Fort Myers Beach. Visit www.lee.gov.com/naturalresources/marine/beachmgmnt.✪

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Frankly Speaking

by Howard Prager



By the time you read this, the World Series champion is crowned. The Braves have most of the country rooting for them. Baseball does not like cheaters.

Commissioner Rob Manfred did not do justice to the Houston Astros cheating controversy, with only managers penalized, none of the players. And it's many of the same players from that Astros 2017 team that were found to be cheating that are on the World Series roster this year. This is very much the opposite to what happened over 100 years ago when the entire White Sox team became known as the Black Sox as eight players were accused of throwing the 1919 World Series and banned from baseball for life by the first baseball commissioner, Judge Kennesaw Mountain Landis.

I spoke with baseball analyst Jeff Wilder about playoffs, world series and what's ahead for baseball. Here are some of his thoughts and predictions.

The two winningest teams aren't playing in the World Series, but they did go head to head. Too bad it ended on a check swing that wasn't a swing at all. That leads me to my ongoing replay concern. While I feel I'm a baseball traditionalist, I'm also a proponent of replay. However, MLB is terrible at how they utilize the replay technology. They need serious help when it comes to administering and interpreting replay. More on that later. First, there are too many instances that are not reviewable. Perhaps chief among them are check swings. If a replay ump can clearly see that it wasn't a swing, overrule the call on the field. If not, explain why the call was upheld. And that leads me to my second and most important point of how MLB uses replay. Stop keeping fans in the dark. Every replay review should require an explanation that is displayed on the scoreboard. There has to be some kind of explanation that the fans can see. They deserve at least that much. I'm also hoping that eventually, MLB replay

will evolve similar to the NFL and NHL. Instead of umpires simply putting on headphones and listening to the replay ump in New York review the play, the ump who made the call in question has a video monitor to see and re-evaluate his call with the help of the replay ump. They have to come to an agreement. I think the ump would welcome this, as they really do want to get the call right. Why not give them the opportunity to see their call and correct it during the game, instead of apologizing after the game?

Baseball 2021 may see a few things go extinct. The World Series games in Atlanta will likely be the last time fans will see a pitcher bat (with the exception of Shohei Ohtani). I believe that with the new Collective Bargaining Agreement (CBA), MLB will add the DH to the National League this offseason. And don't be surprised if by the next CBA, there is no longer a National League and American League. I believe the leagues will eventually be dissolved for geographic realignment.

As far as the rules of baseball, I think:

The three batter rule for relievers will stay in place;

The regular season extra innings rule will also stay in place, but will not be available during postseason;

Seven inning doubleheaders will be eliminated, despite protests from the players union;

Defensive shifts will be limited, and it will be a requirement to have two infielders on each side of second base;

There will be a limit to the number of pitchers allowed on the roster. I have a feeling they'll cap it at 14. It's clear now that pitching in the postseason is totally different than the regular season; and

There are advanced metrics and analytics for managers in the postseason indicating that a pitcher going through the lineup even a second time is not ideal. The use of the "opener" and compartmentalizing the game into two to three inning segments in the postseason will not go away.

As for the World Series, I'm sure that the Astros want to do it all in a full season without any cheating. From their perspective, I think it will prove to everyone that they're good enough to win it undisputedly. My opinion, however, is that while MLB can't go back and award the 2017 Dodgers the World Series title, they can (and should) take that title away

from the Astros and vacate the 2017 champion.

Our good news story this week comes locally from the Fort Myers Mighty Mussels. "The Minnesota Twins have announced that former Mighty Mussels catcher and outfielder Jeferson Morales has been named the team's 2021 Harmon Killebrew Award Winner. Morales was nominated by the Mighty Mussels front office as a player who went above and beyond regarding fan interaction during the season, showing a constant willingness to interact and sign autographs whenever he could.

The Killebrew Award was created following the Hall of Famer's death in 2011, and annually recognizes a player from each of the organization's full season affiliates who demonstrated outstanding community service. Morales will be honored during an on-field ceremony in spring training. The La

Victoria, Venezuela native was a fan favorite throughout his three months in a Mighty Mussels uniform, proving to be one of the club's most respected and trusted leaders. A lynchpin in the middle of the batting order, Morales slugged 26 extra-base hits in 71 games in Fort Myers, drawing 42 walks while stealing 12 bases (.784 OPS). Morales earned a promotion to High-A Cedar Rapids on August 7, a moment that Mussels manager Brian Meyer called a highlight of the 2021 season. Morales continued to mash in Cedar Rapids, hitting .301 with five home runs in just 25 games with the Kernels." Congrats Jeferson, and we look forward to watching your future success.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandnews.com.

Podcasts Airing From Climate Change Summit

A team of waterkeepers, assisted by the Waterkeeper Alliance, will create an hour of original content from this year's United Nations Climate Change Conference (COP26) in Glasgow, Scotland to recap daily events through a podcast to be streamed each day at 3 p.m. The podcasts will be streamed on the Waterkeeper Alliance Zoom account, as well as on the Facebook Live live pages of Waterkeeper Alliance, Kissimmee Waterkeeper and Collier County Waterkeeper.

The COP26 team assembling coverage each day includes veteran climate change expert and Kissimmee Waterkeeper Dr. John Capece; environmental advocate, filmmaker, and Collier County Waterkeeper KC Schulberg; former Puget Sound Waterkeeper and now Global Advocacy Manger for the Waterkeeper Alliance Chris Wilde; noted student educator and activist Rock Aboujaoude, Jr.; and Michal Fidler, data analyst and educational instructor specializing in new

technologies.

Daily broadcast streams will include live reporting segments, interviews with attendees, edited recaps of each day's events, excerpts from the official COP26 conference feed, on-air host commentary, and opportunity for a question-and-answer session with the audiences.

On-air hosts for the Waterkeeper stream are Dr. Capece and Schulberg, with occasional guest co-hosting by Wilde. The Waterkeeper streams are brought to you by Collier County Waterkeeper, Kissimmee Waterkeeper, the Waterkeeper Alliance, with additional support by True Elements and the Metzger Family.

"I am hoping this conference will constitute a watershed moment, allowing us to drive forward towards critical climate solutions," said Schulberg. "We are intent on bringing audiences behind the scenes reporting which you may not see on your major networks. Aside from the official pronouncements by heads of state, there are a host of alternative activist actions planned that are likely to be more interesting."

The daily coverage will continue through Friday, November 12 on the Waterkeeper Alliance, Kissimmee Waterkeeper and Collier County Waterkeeper Facebook pages.*

SPORTS QUIZ

1. "The White Mamba" was the nickname for what member of the 2008 NBA champion Boston Celtics team?
2. On April 21, 2012, right-hander Philip Humber threw a perfect game pitching for what MLB team?
3. What 2003 first-round NFL Draft pick by the Baltimore Ravens was named NFL Defensive Player of the Year in 2011?
4. Name the legendary tennis player who, in 1964, became the first Black golfer on the LPGA Tour.
5. Name the annual award presented to the NHL player exhibiting "the best type of sportsmanship and gentlemanly conduct combined with a high standard of playing ability."
6. Malik Sealy, who was killed in a car crash by a drunk driver in 2000, had his No. 2 jersey retired by what NBA team?
7. In the past decade, Montee Ball, Melvin Gordon and Jonathan Taylor each have won the Doak Walker Award as the nation's best running back playing for what Big Ten team?

ANSWERS

1. Brian Scalabrine. 2. The Chicago White Sox. 3. Terrell Suggs. 4. Althea Gibson. 5. The Lady Byng Memorial Trophy. 6. The Minnesota Timberwolves. 7. The University of Wisconsin Badgers.



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Doctor and Dietician

Add Chickpea Burgers To Your Plant-Based Meals



by Ross Hauser, MD
and Marion Hauser, MS, RD

As you know, we love our veggies. Adding some plant-based meals into your daily eating plans helps improve your health and can strengthen your immune system and reduce your incidence of getting sick. Not everyone benefits from going completely vegan or even vegetarian, but it doesn't mean you can't throw in a veggie meal every now and again. Plus, if you invite vegan friends to the backyard barbecue, you'll now have something you can make for them.

As we all know, increasing fresh vegetables and fruits in our diets helps reduce incidence of type 2 diabetes, heart disease, certain cancers and can help improve fitness, as well as improve bowel health. A more plant-based diet means that you are adding whole foods that are naturally unprocessed or refined and come from plant sources versus animal sources.

One website, www.forksoverknives.com, is a great way to find plant-based recipes and ideas for adding more whole food, plant-slant meals. They even offer meal planners and cooking courses. We like to try new recipes and

read a lot of different recipes versus just eating the same thing day after day. It makes mealtime a lot more exciting and interesting. Who doesn't love a delicious new food?

We wanted to share this chickpea burger recipe with you. We recently tried this and found it to be very delicious. Chickpeas, also known as garbanzo beans, are a great source of protein and fiber. We like to keep these in the pantry to add to soups, stews, or dishes such as this one, as well as to season and roast for a delicious snack.

What you need: one 15-ounce can of chickpeas rinsed and drained; ½ cup oats; finely chopped veggies such as red onion, bell pepper, carrot, garlic, kale, mushrooms, or spinach; herbs and spices – we love to use fresh from our garden – such as cilantro, basil, parsley, oregano – as well as garlic, cumin, onion powder, smoked paprika, salt and pepper – or whatever your favorites are; oil for cooking.

What to do: Grate the carrots, pepper and onion (by hand or use a food processor). Squeeze between paper towels to remove moisture. Chop herbs and garlic. Add oats and chickpeas to food processor and blend for one minute until dough forms (or mash by hand). Combine with veggies, herbs, and spices in a mixing bowl. Form into patties. Heat about ½ cup oil (avocado oil works great) in pan and add the patties and cook about three minutes per side. Garnish with tzatziki, avocado sauce, or regular condiments.

These patties are great to make ahead to have for lunches or dinner, on top of a salad, in a wrap or just by themselves. You can store them all week in the fridge. Enjoy.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

guest room the attention it deserves, and it's still rocking the outdated theme from the 1990s or early 2000s, now's a great time to consider an upgrade.

Instead of simply painting the walls and throwing down a new comforter set, why not go above and beyond? Here are a few helpful hints for turning your guest room into a hotel-like living experience that your guests (and you) won't want to leave.

When it comes to furniture, the guestroom is generally all about the bedding situation. This should absolutely be a focal point that gets a lot of attention, but providing other comfortable furniture is a must as well. Your guests may not always feel comfortable lounging around your house, so giving them another place to sit in the guest space, such as a lounge chair or bench, can help them unwind after a long day or perhaps even prepare for the day to begin.

Think about the way you feel

dearRPharmacist

Overlooked Causes For Hair Loss



by Suzy Cohen, RPh

Dear Readers:

I was talking with a friend who said she is suddenly experiencing hair loss, and that it is very disappointing to her because it

appears to be getting worse. She was leaning on me for advice because, "I can't look in the mirror anymore."

She has tried all the expensive shampoos and color treatments, she has asked her doctor, and she has finally retreated to the reality of losing her hair, when she is still a very pretty woman in her mid 70s. Basically, she's given up hope for restoration.

Today's article is to help you understand the possible causes for hair loss. It's not always because of advancing age, although that is one obvious reason.

An estimated 100 hairs are shed every day. That's hard to believe, but it's true. If you're not growing new hairs, the hair loss becomes more evident. So hair loss and hair growth are two different, dynamic things. You can't stop the shedding, that's natural, but you do have some control over new hair growth.

If you can't figure out the root cause of the hair loss, you are never going to solve it. Here are a few possibilities:

Statin Use – People with elevated cholesterol sometimes take statin medications such as atorvastatin to help improve their ratios. A well-documented side effect of this category

of medications is reduced production of thyroid hormone. And that leads to hair loss. This was exactly the problem with my friend the other day... she told me she had been on a statin drug for about two or three years, and that's when her problem began. Statins, through their drug mugging effect, lead to reduced hair growth and extra shedding.

The fix for statins is pretty simple. I'd suggest you talk to your physician and get a prescription for a thyroid hormone medication. You could also try a good thyroid supplement to support thyroid hormone synthesis.

These are choices to consider while you work with your physician to determine what is best with you.

Antibiotics and Anti-fungals – Many people today are treating themselves for mold illness or other infections such as Lyme disease, H pylori, SIBO, or even acne. The medications that "kill" organisms are well known to cause hair loss, and this begins about two to four months into drug therapy. It's often overlooked by doctors who have one goal in mind, treat your infection.

But the hair loss can be profound and frightening to the patient, so I'm listing this category of medications so you understand what is happening and can take action. The fix would include some high-quality probiotics and prebiotics, as well as some patience. Upon discontinuation of the offending drug, your hair should slowly begin to grow back.

Autoimmune conditions are another cause for hair loss. There are several others, but I've run out of space here. If you'd like to learn more, I have written a comprehensive article on this topic, along with "the fix" for each problem. This article can be emailed to you if you'd like it, just sign up for my free newsletter at www.suzycohen.com.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Superior Interiors

Upgrading The Guest Room



by Jeanie Tinch

Having a guest room comes with many benefits. It's a place to accommodate family and friends when they come to town, and it's an opportunity to escape to a room

when you need a change of scenery.

No matter how you're utilizing this extra living space (or how often it's used), all of the rooms in your home deserve a refresh every few years. If it's been a while since you've given the

when you walk into a hotel room. It's luxurious. It's comfortable. It's refreshing. It's indulgent. It's generally everything you expect out of a getaway and more, regardless of where you're staying. Creating this same feeling for your guests is essential to keep in mind when remodeling this room. The theme should be bright and inviting, utilizing lots of neutral colors, and letting in as much natural light as possible.

At the same time, you want to create a space that's easy to wind down and get some sleep. Provide ample blankets and pillows so your guests can gauge their comfort levels on the bed as they please, and be sure to use a white noise machine and blackout shades in the room to make for a peaceful and flawless nap.

Some guests like to live out of their suitcases, while others are more interested in unpacking and giving their clothing room to breathe. Make sure there's room in the wardrobe or closet

to accommodate your guests because certain people will see these spaces as useful and not just aesthetically pleasing.

You might have days blocked off before a holiday to prepare for your mother's arrival, but what about the time she shows up unexpectedly? Will the guestroom be ready for her? Show this space attention on a regular basis to prepare for a surprise visit.

Your guest room should be an oasis no matter the time of year. If you can't remember the last season, or perhaps even year, that you put effort into revamping your guest space, it's time to lay out the blueprint and get to work in establishing a cozy guest room that your friends and family can't get enough of.

*Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindceden.com.**

- Emergency 911
- Lee County Sheriff's Office 477-1200
- Florida Marine Patrol 332-6966
- Florida Highway Patrol 278-7100
- Poison Control 1-800-282-3171
- HealthPark Medical Center 1-800-936-5321
- Ft. Myers Chamber of Commerce 332-3624
- Foundation for Quality Childcare 425-2685
- Fort Myers Beach Chamber of Commerce 454-7500
- Fort Myers Beach Library 463-9691
- Lakes Regional Library 533-4000
- Lee County Chamber of Commerce 931-0931
- Post Office 1-800-275-8777
- Visitor & Convention Bureau 338-3500

- ARTS**
- Alliance for the Arts 939-2787
 - Arts For ACT Gallery & Studio 337-5050
 - Art League Of Fort Myers 275-3970
 - Barbara B. Mann Performing Arts Hall 481-4849
 - BIG ARTS 395-0900
 - Broadway Palm Dinner Theatre 278-4422
 - Cultural Park Theatre 772-5862
 - Edison Festival of Light 334-2999
 - Florida Repertory Theatre at the Arcade 332-4488
 - Florida West Arts 948-4427
 - Fort Myers Harmonica Band 610-653-7940
 - Fort Myers Symphonic Mastersingers 288-2535
 - Gulf Coast Symphony 489-1800
 - Harmony Chorus, Charles Sutter, Pres 481-8059
 - Naples Philharmonic 239-597-1111
 - The Schoolhouse Theater 472-6862
 - SW Florida Symphony 418-0996
 - Theatre Conspiracy 936-3239
 - Young Artists Awards 574-9321

- CLUBS & ORGANIZATIONS**
- American Legion Post #38 239-332-1853
 - Angel Flight 1-877-4AN-ANGEL
 - Animal Refuge Center 731-3535
 - American Business Women Association 357-6755
 - Audubon of SWFL <https://www.audubonswfl.org/>
 - Caloosahatchee Chapter DAR 482-1366
 - Caloosahatchee Folk Society 321-4620
 - Cape Chorale Barbershop Chorus 1-855-425-3631
 - Cape Coral Stamp Club 542-9153
 - duPont Company Retirees 454-1083
 - Edison Porcelain Artists 415-2484
 - Embroiderers Guild of America - Sea Grape Chapter 239-267-1990
 - FM UDC Chapter 2614 728-3743
 - Friendship Force Of SW FL 561-9164
 - Garden Club of Cape Coral 239-257-2654
 - Horticulture and Tea Society 472-8334
 - Horticultural Society 472-6940
 - Lee County Genealogical Society 549-9625
 - Lee Trust for Historic Preservation 939-7278
 - Navy Seabees Veterans of America 731-1901
 - Paradise Iowa Club of SWFL 667-1354
 - Sons of Confederate Veterans 332-2408
 - Southwest Florida Fencing Academy 939-1338
 - Southwest Florida Music Association 561-2118
 - Kiwanis Fort Myers Beach 765-4254 or 454-8090
 - Kiwanis Fort Myers Edison 694-1056
 - Kiwanis Fort Myers South 691-1405
 - Iona-McGregor 482-0869
 - Lions Club Fort Myers Beach 463-9738
 - Lions Club Fort Myers High Noon 466-4228
 - Lions Club Estero/South Fort Myers 898-1921
 - Notre Dame Club of Lee County 768-0417
 - Organ Transplant Recipients of SW Florida 247-3073
 - POLO Club of Lee County 477-4906
 - Rotary Club of Fort Myers 332-8158
 - Sanibel-Captiva Orchid Society 472-6940
 - United Way of Lee County 433-2000
 - United Way 211 Helpline (24 hour) 211 or 433-3900

- AREA ATTRACTIONS**
- Bailey-Matthews National Shell Museum 395-2233
 - Burrough's Home 337-9505
 - Calusa Nature Center & Planetarium 275-3435
 - Edison & Ford Winter Estates 334-7419
 - Fort Myers Skate Park 321-7558
 - Imaginarium Hands-On Museum & Aquarium 321-7420
 - JN "Ding" Darling National Wildlife Refuge 472-1100
 - Koreshan State Historic Site 239-992-0311
 - Langford Kingston Home 239-334-2550
 - Ostego Bay Foundation Marine Science Center 765-8101
 - Skatium 321-7510
 - Southwest Florida Historical Society 939-4044
 - Southwest Florida Museum of History 321-7430
 - True Tours 945-0405

To be listed in calling card email your information to: press@islandnews.com

PUZZLES

Answers on page 23



"NO, it's not for my sweet athletic son—it's for my no-good, shiftless _____."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Stroll
MARBLE

Believe
STRUT

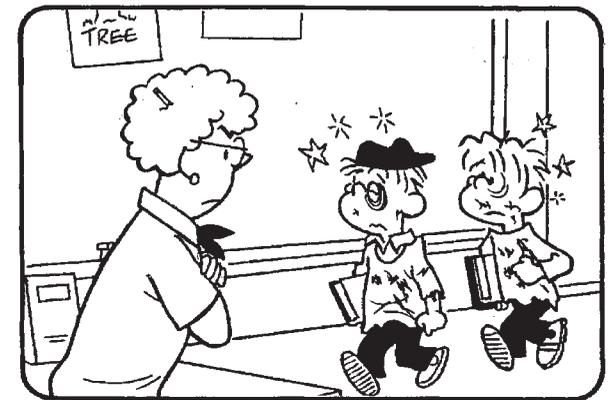
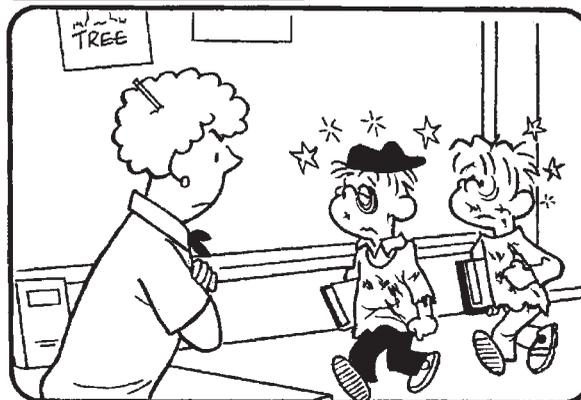
Hunt
CASHE

Fit
LENDERS

TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Star is missing. 2. Pencil is shorter. 3. Eraser is added. 4. Glasses are added. 5. Bow is larger. 6. Pants are different.

	2		9	4		6		
1		4		8				7
8					1		9	
	7	2			4		8	
	5		1			7		6
4			3	7		5		
	8			9		1		3
2			7		5			4
		1			3		5	

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 23

Super Crossword

WAY TO GO

- ACROSS**
- 1 Abu Dhabi, for one
 - 8 Old name for a hippo
 - 14 Top banana
 - 20 Like many rec room walls
 - 21 Democratic diplomat Harriman
 - 22 Take off of a spool
 - 23 Cat's-eye, steelie and aggie
 - 25 Skimpy
 - 26 Moral wrong
 - 27 "High School High" actress Carrere
 - 28 Wife of TV's Frasier
 - 30 "Take — out of crime!"
 - 31 Nine-digit ID, for short
 - 34 Big Apple inits.
 - 36 Tsunamis are big ones
 - 38 They make pins fall
 - 43 Fashion figure Oscar de la —
 - 44 Colored ring of the iris
 - 45 Falco who portrayed a Soprano
 - 46 Alan who portrayed Hawkeye
 - 48 Mai — (cocktail)
 - 51 Has in one's sights
 - 53 They list a film's cast
 - 57 Diamond great Mel
 - 58 Midwest air hub
 - 61 CPR specialist
 - 62 Conductor André
 - 63 Corp. shake-up
 - 66 Gold, to Jorge
 - 67 Zip
 - 68 1995-2016 NBAer Kevin
 - 69 Radials, e.g.
 - 73 Zoo
 - 76 Chi-Town team
 - 77 "— Na Na" (TV oldie)
 - 78 French painter Edgar
 - 82 Concert extra
 - 83 And so on: Abbr.
 - 84 For — (really cheaply)
 - 86 Avail
 - 87 Resounding storm noises
 - 90 Harmful ant
 - 93 Good cholesterol, for short
 - 94 "If only — known!"
 - 95 Suffix with kitchen
 - 98 More in order
 - 99 Maine university town
 - 102 Diner and sleeper
 - 104 Casino cubes
 - 108 — laude
 - 109 'Neath's opposite
 - 110 Deer family member
 - 111 State of societal breakdown
 - 114 Amigo
 - 116 Orlando-to-Miami dir.
 - 119 More highfalutin
 - 121 What eight answers in this puzzle are
 - 125 2017 biopic about skater Harding
 - 126 Attacked energetically
 - 127 Acid neutralizers
 - 128 Big pizzas, say
 - 129 Like some post-meal bad breath
 - 130 Principe's partner island
 - 37 Close to its face value, as a bond
 - 38 Ulan —, Mongolia
 - 39 Elocute
 - 40 Defense gp.
 - 41 Sour fruit
 - 42 MGM lion
 - 46 Without purpose
 - 47 Allow to
 - 49 Feuding, say
 - 50 "Who —?"
 - 52 Jarred
 - 54 Disguise
 - 55 Muffed up
 - 56 Thick
 - 59 Elbow locale
 - 60 Sat on a perch
 - 64 Hit with the knuckles
 - 65 Close watch
 - 67 Vote down
 - 68 Immense
 - 70 Trapping in branches
 - 71 — Raton
 - 72 E'en if
 - 73 One of the "Little Women"
 - 74 With a sharp image, for short
 - 75 Like nerves acting on eye muscles
 - 79 Part of many a heavy-metal track
 - 80 Fall bloom
 - 81 Soothsayers
 - 83 Ecol. monitor
 - 84 Fizzy wine, for short
 - 85 Rowlands of "Gloria"
 - 88 1970s spinoff sitcom
 - 89 Grassland
 - 91 Make over
 - 92 Eggnog spice
 - 96 Dr. Mom's attention
 - 97 Spew forth
 - 100 Skyrocketing
 - 101 Odd feature of a cyclops
 - 102 Actress Leah
 - 103 Nebraska natives
 - 104 AOL rival
 - 105 Vital conduit
 - 106 Halved
 - 107 Actor Sacha Baron —
 - 112 Liking a lot
 - 113 Novelist Jennifer
 - 115 Follower of "ooh" or "tra"
 - 117 Thin
 - 118 "Who —?"
 - 120 Dorm heads, for short
 - 122 Pig's home
 - 123 Boxing win, in brief
 - 124 Scoundrel

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
20							21						22							
23							24						25							
26					27			28				29		30						
		31	32	33		34		35					37							
38	39				40			41	42				43							
44						45					46	47					48	49	50	
51						52			53		54				55	56				
57					58		59	60			61			62						
63			64	65		66				67			68							
			69			70				71			72							
73	74	75					76				77			78		79	80	81		
82							83				84			85			86			
87							88				89			90	91	92				
93						94					95		96	97		98				
		99	100	101						102				103						
104	105						106	107				108			109					
110							111				112	113		114		115		116	117	118
119							120					122				123	124			
125																				
128																				

King Crossword

- ACROSS**
- 1 Tibetan monk
 - 5 Triumphed
 - 8 Used car sites
 - 12 Trojan War hero
 - 13 Lincoln nick-name
 - 14 Taj Mahal city
 - 15 TV fare for a night owl
 - 17 Gusto
 - 18 Gallery display
 - 19 "The Raven" writer
 - 20 "No way!"
 - 21 Sign before Virgo
 - 22 "Now, where — I?"
 - 23 Vivaldi's output
 - 26 Reveal
 - 30 Dating from
 - 31 Embrace
 - 32 Salty septet
 - 33 "Citizen Kane" sled
 - 35 Train tracks
 - 36 Observe
 - 37 "Ray Donovan" actor Voight
 - 38 Dish
 - 41 Pirate's drink
 - 42 Expert
 - 45 San —, Italy
 - 46 Single payments
 - 8 Revolving server
 - 9 Curved molding
 - 10 Serving aid
 - 11 Auction
 - 16 Detail, briefly
 - 20 Dallas hoopster, briefly
 - 21 Biography
 - 22 Peruke
 - 23 Scratch
 - 24 Mil. morale booster
 - 25 "Mayday!"
 - 26 Lemon
 - 27 Wahine's gift
 - 28 Guy's date
 - 29 Curvy letter
 - 31 Coloration
 - 34 Spell-off
 - 35 Cavort
 - 37 Checker moves
 - 38 Bluenose
 - 39 Toy block name
 - 40 Cupid's specialty
 - 41 Regretted
 - 42 Car
 - 43 "Let's go!"
 - 44 Glimpse
 - 46 Caustic solution
 - 47 Potential syrup
- DOWN**
- 1 In — land
 - 2 Slightly open
 - 3 Damon of Hollywood
 - 4 Chopper
 - 5 "Yippee!"
 - 6 Bassoon's kin
 - 7 Just out

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
18				19			20			
			21			22				
23	24	25			26			27	28	29
30				31			32			
33				34			35			
			36			37				
38	39	40			41			42	43	44
45					46			47		
48					49			50		
51					52			53		

MAGIC MAZE ● DIET KILLERS

V U R O L J G D A X V S P N K
 I S F C A X V S Q O L D J H Y
 E C E A X V T R C O O K I E S
 P N L K S E I N W O R B N J E
 H F D B A Y X V F T R O P O A
 M K I G S H S T U N H G U O D
 E D **C H E E S E C A K E** B Z N
 X P I Z Z A K K I S L L O R U
 W B U T F R Q A L R O A N L S
 J & M A E R C E C I F T I G F
 D J C A S N I F F U M O Y X W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
 Unlisted clue hint: CINNAMON —

- | | | | |
|------------|-----------|-------------|---------|
| Brownies | Doughnut | Honey | PB&J |
| Cakes | Fast food | Ice cream | Pizza |
| Cheesecake | Fries | Milk shakes | Sundaes |
| Cookies | Gelato | Muffins | |



Snap Beans with Caramelized Onions and Mushrooms photo courtesy Fresh From Florida



Snap Beans with Caramelized Onions and Mushrooms

- 1 pound snap beans, stems trimmed
- 16 large button mushrooms, rinsed and sliced
- 2 large onions, peeled and sliced
- 2 teaspoons olive oil
- 2 tablespoons Worcestershire sauce
- 4 cloves garlic, chopped fine

1 tablespoon unsalted butter
 Sea salt and fresh ground pepper, to taste
 Preheat a large sauté pan over medium-high heat. Add one tablespoon olive oil to the preheated sauté pan. Add sliced onions to pan and cook them for three to five minutes until almost caramelized. Add the green beans and garlic to the pan and continue to cook ingredients for another three to four minutes until the green beans are almost to desired tenderness. Add mushrooms, Worcestershire sauce and butter. Cook another two minutes. Taste and adjust seasoning with salt and fresh ground pepper to taste. Remove from heat and serve warm.*

PETS OF THE WEEK



Princess ID# A718896 photos provided Lee County Domestic Animal Services

Princess And Trixie

Hello, my name is Princess. I'm a brown 5-year-old female pit bull. I'm a staff favorite that frequently goes for lunch with Patsy, the customer service specialist at Animal Services. She would like any potential adopter to know that I have been a favorite of hers. I am told I am exactly as her name would infer when I do go to lunch. I only want to ride in the backseat and be chauffeured. I load up perfectly and watch other people out the window quietly. If you think you might be my perfect chauffeur, visit www.leelostpets.com to complete an online adoption application today. My adoption fee is \$20.

Hi, my name is Trixie. I'm a black



Trixie ID# A883933

3-month-old female domestic medium hair. I'm a playful bundle of fun that has the cutest flaps of fur behind my ears that make me one of a kind. I love playing with my feline friends, so take advantage of LCDAS' adopt-one-get-one at no additional fee and take home two so I have someone to keep me busy and you will have hours of entertainment. My adoption fee is \$10.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

My Stars ★★★★★

FOR WEEK OF NOVEMBER 1, 2021

Aries (March 21 to April 19) The pitter-patter of all those Sheep feet means that you're out and about, rushing to get more done. That's fine, but slow down by the weekend so you can heed some important advice.

Taurus (April 20 to May 20) You're in charge of your own destiny these days, and, no doubt, you'll have that Bull's-eye of yours right on target. But don't forget to make time for family events.

Gemini (May 21 to June 20) Be prepared for a power struggle that you don't want. Look to the helpful folks around you for advice on how to avoid it without losing the important gains you've made.

Cancer (June 21 to July 22) Congratulations! You're about to claim your hard-earned reward for your patience and persistence. Now, go out and enjoy some fun and games with friends and family.

Leo (July 23 to August 22) The Big Cat might find it difficult to shake off that listless feeling. But be patient. By week's end, your spirits will perk up and you'll be your perfectly purring self again.

Virgo (August 23 to September 22) A problem with a co-worker could prove to be a blessing in disguise when a superior steps in to investigate and discovers a situation that could prove helpful to you.

Libra (September 23 to October 22) This is a favorable time to move ahead with your plans. Some setbacks are expected, but they're only temporary. Pick up the pace again and stay with it.

Scorpio (October 23 to November 21) Your creativity is recognized and rewarded. So go ahead and claim what you've earned. Meanwhile, that irksome and mysterious situation soon will be resolved.

Sagittarius (November 22 to December 21) A new associate brings ideas that the wise Sagittarian quickly will realize can benefit both of you. Meanwhile, someone from the

workplace makes an emotional request.

Capricorn (December 22 to January 19) It might be a good idea to ease up on that hectic pace and spend more time studying things you'll need to know when more opportunities come later in November.

Aquarius (January 20 to February 18) A relatively quiet time is now giving way to a period of high activity. Face it with the anticipation that it will bring you some well-deserved boons and benefits.

Pisces (February 19 to March 20) Go with the flow, or make waves? It's up to you. Either way, you'll get noticed. However, make up your own mind. Don't let anyone tell you what choices to make.

Born This Week: You like to examine everything before you agree to accept what you're told. Your need for truth keeps all those around you honest.

Melville publishes *Moby-Dick*. Initially the book about Captain Ahab and his quest to catch a giant white whale was a flop, but it would eventually become a staple of high-school reading lists across the U.S.

- On November 12, 1892, William "Pudge" Heffelfinger becomes the first professional football player when Pittsburgh's Allegheny Athletic Association pays him \$500 to play as a ringer in a game. Before then, players had traded their services for expense money or trinkets, not cash.

- On November 8, 1900, Margaret Mitchell, author of *Gone with the Wind* (1936), is born in Atlanta. Mitchell quit working as a journalist after an ankle injury limited her mobility, and she devoted herself to her novel about the South during and after the Civil War. The book sold one million copies in its first six months.

- On November 9, 1938, in an event that would foreshadow the Holocaust, German Nazis launch a campaign of terror against Jewish people and their

MOMENTS IN TIME

- On November 14, 1851, Herman

continued on page 22

 FRIDAY Cloudy High: 80 Low: 67	 SATURDAY Mostly Cloudy High: 82 Low: 71	 SUNDAY Mostly Cloudy High: 83 Low: 70	 MONDAY Few Showers High: 79 Low: 68	 TUESDAY Few Showers High: 77 Low: 64	 WEDNESDAY Partly Cloudy High: 75 Low: 65	 THURSDAY Sunny High: 74 Low: 61
--	--	--	--	---	---	--

Redfish Pass Tides

Day	High	Low	High	Low
Fri	12:51 am	7:57 am	3:12 pm	7:10 pm
Sat	1:20 am	8:47 am	4:20 pm	7:27 pm
Sun	12:55 am	8:42 am	4:47 pm	6:34 pm
Mon	1:34 am	9:44 am	None	None
Tue	2:21 am	10:53 am	None	None
Wed	3:18 am	12:06 pm	None	None
Thu	4:38 am	1:16 pm	9:54 pm	None

Point Ybel Tides

Day	High	Low	High	Low
Fri	2:17 pm	7:59 am	None	7:12 pm
Sat	12:25 am	8:49 am	3:25 pm	7:29 pm
Sun	12:00 am	8:44 am	3:52 pm	6:36 pm
Mon	12:39 am	9:46 am	None	None
Tue	1:26 am	10:55 am	None	None
Wed	2:23 am	12:08 pm	None	None
Thu	3:43 am	1:18 pm	8:59 pm	None

Punta Rassa Tides

Day	High	Low	High	Low
Fri	1:00 am	8:21 am	2:51 pm	8:13 pm
Sat	1:24 am	9:08 am	3:47 pm	8:52 pm
Sun	12:54 am	8:56 am	3:42 pm	8:32 pm
Mon	1:32 am	9:44 am	4:34 pm	9:11 pm
Tue	2:22 am	10:35 am	5:29 pm	9:54 pm
Wed	3:29 am	11:35 am	6:30 pm	10:56 pm
Thu	4:56 am	12:50 pm	7:33 pm	None

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	3:01 am	11:13 am	5:22 pm	10:26 pm
Sat	3:30 am	12:03 pm	6:30 pm	10:43 pm
Sun	3:05 am	11:58 am	6:57 pm	9:50 pm
Mon	3:44 am	1:00 pm	None	None
Tue	4:31 am	2:09 pm	None	None
Wed	5:28 am	3:22 pm	None	None
Thu	6:48 am	4:32 pm	None	None

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AC Tune-Up Yet?

From page 20

Moments In Time

homes and businesses. “Kristallnacht,” or “Night of Broken Glass,” left some 100 Jews dead and 7,500 Jewish businesses damaged.

- On November 10, 1969, *Sesame Street*, a pioneering TV show that would teach generations of young children the alphabet and how to count, makes its broadcast debut, on PBS.

- On November 11, 1978, a stuntman on the Georgia set of *The Dukes of Hazzard* launches the show’s iconic 1969 Dodge Charger, nicknamed the General Lee, off a 16-foot-high dirt ramp and over a police car. Several hundred Chargers were used during the show’s six-year run due to damage from jumps and other stunts.

- On November 13, 1982, the Vietnam Veterans Memorial is dedicated in Washington, D.C. The simple V-shaped black-granite wall is inscribed with the names of the 57,939 Americans who died in the conflict, arranged in order of death, not rank.

NOW HERE’S A TIP

- “Need a new look for a favorite sweater? Change out your buttons. It’s such a small thing, but makes a big change in look!” – EL in Massachusetts

- Instead of using costly brass polish, try a little lemon juice and salt. Another brass polish you probably have right now

is ketchup. Apply a thin layer and buff off with a soft rag.

- Experts say to always crack your egg on a flat surface, rather than using the edge of a counter or bowl. More egg-tastic advice is to crack eggs into a small bowl instead of directly into ingredients. If you have a sneaky “bad egg” in your dozen, it’s better to find out before you ruin your baking.

- “I love to search for recipes online, and I have learned to pay attention to the comments section. You’ll find a lot of explanation and frequently a tweak that many people have found successful. Comments have saved me from oversalting a dish, as well as making necessary adjustments in temperature and cooking time. I have found complicated techniques broken down in ways that were helpful. It pays to check out the comments!” – WG in Missouri

- Attention salad eaters: Got a thick dressing that’s high in fat? Rinse lettuce before dressing your salad. Wet or moist lettuce traps less dressing. If your dressing is light, give salad greens an extra spin. Drier lettuce holds on to dressing, making lightly dressed salad more flavorful.

- Another great use for baking soda: Add a cup or two to your toilet bowl. Swish and let sit for one to two hours. Flush for odor control and shine.

STRANGE BUT TRUE

- In Italy, pizza inspectors are hired

by the government to ensure that restaurants are making their pizza at “Italian quality.”

- The cables of the Golden Gate Bridge contain a whopping 80,000 miles of steel wire.

- Ray Bradbury wrote the first draft of *Fahrenheit 451* on coin-operated typewriters in the basement of a library at a cost of 10 cents for every 30 minutes. The first draft cost him a total of \$9.80.

- The straw was invented by Egyptian brewers to taste beer without removing the fermenting ingredients that floated on top of the container.

- James Christopher Harrison is an Australian blood donor whose rare plasma composition has helped in the treatment of Rhesus disease. In May 2018, he made his final donation (1,173rd) at the age of 81 after having saved 2.4 million babies during his lifetime as a donor.

- No, alcohol doesn’t kill brain cells – it just makes them grow more slowly.

- In 2009, the Wisconsin Tourism Federation changed its name to the Tourism Federation of Wisconsin because, in the 30 years since its founding, the abbreviation “WTF” took on new meaning.

- Months that begin on a Sunday will always have a Friday the 13th.

- Not that you’d ever want to swim in it, but the average person’s body produces enough saliva in their lifetime to fill two swimming pools.

- Plants grow larger and more quickly when watered with warm water.

- In late 2020, a North Korean gymnast defected to South Korea by vaulting himself over the 3-meter-high border barricades without triggering sensors.

- Newborn babies cry, but they have no tears. Their tear ducts aren’t formed until they are a month old.

THOUGHT FOR THE DAY

“There are two ways of spreading light: to be the candle, or the mirror that reflects it.” – Edith Wharton

TRIVIA TEST

- 1. Television:** What was the name of Jay’s dog in *Modern Family*?
- 2. Measurements:** How many pecks are in a bushel?
- 3. Geography:** Which continent has regions in all four hemispheres of Earth – north, south, east and west?
- 4. Music:** Which singer is known as the Queen of Disco?
- 5. U.S. States:** Which state has the only royal palace in the United States?
- 6. General Knowledge:** How many federal holidays are recognized by the United States?
- 7. Astronomy:** How many moons does Mars have?
- 8. Movies:** Which iconic movie has the tagline, “A man went looking

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1/26 * TFN

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4/20 * TFN

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12/11 * TFN

HELP WANTED

CAREGIVER

We are seeking a caregiver for an elderly woman with experience, for 24 hour shifts every other week and PRN (as needed).

Must be caring and compassionate, and able to complete personal care tasks like bathing, dressing, eating, grooming, and daily med intake.

Also assist with physical transit.

Contact Lisa 239-395-0153.

10/29 * 11/5

ISLAND PRESCHOOL TEACHERS

The Children’s Education Center of the Islands (CECI) is looking for part-time or substitute preschool teachers for its nature themed education program. Potential for full-time growth possible. Flexible hours.

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10/22 * TFN

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sanibelsole@gmail.com.

11/5 * 11/5

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for more details.

10/15 * 11/19

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Need slip for 23' boat near Eastern end of Sanibel beginning January 2022. Please call Bob at 610-955-2746

11/5 * 11/12

VOLUNTEERS NEEDED

RED KETTLE BELL RINGERS NEEDED

This year’s Salvation Army Red Kettle program runs from Friday, November 26 to Friday, December 24. Sanibel bell ringers will be on duty from 8 a.m. to 7 p.m. Monday through Saturday. Volunteers are needed, preferably for a two-hour session. Sign up online at www.registertoring.com. Log in with your email and password, and choose your date(s) and time(s).

Coordinators for this year’s campaign are John MacLennan, 401-932-4383, and Susan MacDowell.

10/22 * 11/19

for America, and he couldn't find it anywhere?"

- 9. **Food & Drink:** Which minerals are found abundantly in dairy products?
- 10. **Comics:** Which long-running comic strip developed from a weekly panel titled *L'il Folks*?

TRIVIA ANSWERS

1. Stella 2. Four 3. Africa 4. Donna Summer 5. Hawaii, Iolani Palace 6. 11 annually, with June 17th as the most recent addition, and 12 every four years, with Inauguration Day as the additional holiday in Washington, D.C. only. 7. Two, Phobos and Deimos 8. *Easy Rider* 9. Calcium, phosphorus and magnesium 10. *Peanuts*

SCRAMBLERS ANSWER

- 1. Ramble 2. Trust;
- 3. Chase; 4. Slender

Today's Word
HUSBAND

HORTOONS



PUZZLE ANSWERS

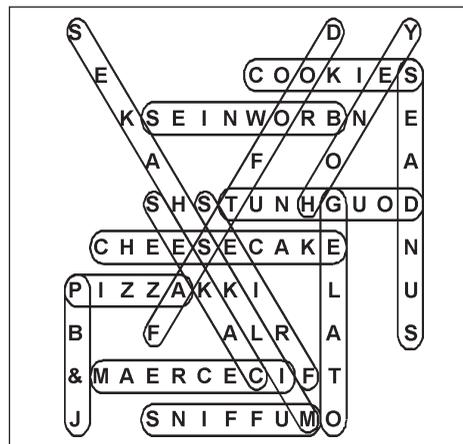
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KING CROSSWORD

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3	5	8	1	2	9	7	4	6
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6	8	5	4	9	2	1	7	3
2	3	9	7	1	5	8	6	4
7	4	1	8	6	3	9	5	2

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bayfront Gardens	Bonita Springs	2021	3,840	\$4,700,000	\$4,700,000	0
Cape Coral	Cape Coral	2004	11,099	\$3,950,000	\$3,280,000	73
Palmetto Point	Fort Myers	2012	6,186	\$2,250,000	\$2,175,000	5
Cape Harbour	Cape Coral	2012	3,741	\$1,999,000	\$2,000,000	20
Cape Coral	Cape Coral	2014	3,316	\$1,750,000	\$1,775,000	1
Renaissance	Fort Myers	2016	3,248	\$1,600,000	\$1,580,000	38
Longlake	Bonita Springs	1994	3,418	\$1,499,000	\$1,495,000	0
Avieto	Bonita Springs	2006	3,525	\$1,495,000	\$1,410,000	131
Pennyroyal	Bonita Springs	1990	3,736	\$1,299,000	\$1,374,000	1
Shell Harbor	Sanibel	1974	2,406	\$1,350,000	\$1,361,000	4

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